



17 FEB 2017

**DIVISION MEMORANDUM**

No. 106, s. 2017

**SUBMISSION OF REPORTS ON THE STATUS OF DISTRIBUTION OF CURRICULUM COMPETENCIES  
WHERE INTEGRATION OF DRUG EDUCATION IS RECOMMENDED**

**To: Assistant Superintendents  
Chiefs, CID and SGOD  
Division Supervisors/Coordinators  
District Supervisors/OICs  
Elementary and Secondary School Heads**

1. Per Regional Memorandum No. 0068, s. 2017, entitled, "**Submission of Reports on the Status of Distribution of Curriculum Competencies Where Integration of Drug Education is Recommended**", this Office requires each school to submit reports on the status of distribution of curriculum competencies on drug education integration.
2. Please refer to **Enclosure No. 1** for the **curriculum competencies where integration of drug education is recommended** (to be distributed to the teachers in Grades 4 to 10 teaching Health, Science, Araling Panlipunan and Edukasyon sa Pagpapakatao) and **Enclosure No. 2** for the **Drug Education Integration Distribution Monitoring Tool** (to be filled out by the school head).
3. District Supervisors/OICs are requested to gather the properly filled out **Drug Education Integration Distribution Monitoring Tool** (Enclosure No. 2) from the schools in the district and submit the hard copy of the district compilation of said report to this Office (Attention: Dr. Mary Ann P. Flores, CID Chief) and send the soft copy via email to [reypaolobuot@gmail.com](mailto:reypaolobuot@gmail.com) on or before February 24, 2017.
4. Immediate, wide dissemination of and compliance with this Memorandum is directed.

  
**RHEA MAR A. ANGTUD, Ed.D., CESO VI**  
Schools Division Superintendent

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Enclosure No. 1 to Division Memorandum No. \_\_\_\_\_s.2017

**Health Curriculum**

Grade 4  
Grade Level Standards

The learner demonstrates an understanding of nutrition; prevention and control of diseases and disorders; substance use and abuse; and injury prevention, safety and first aid, leading to the achievement of optimum health and well-being.

Content	Competency
<b>C. Medicine Misuse and Abuse</b> 1. Self- Medication 2. Improper use (overdosage, excessive use) 3. Dependence 4. Addiction	Describes ways on how medicines are misused and abused

Grade 5  
Grade Level Standards

The learner demonstrates an understanding of the nature of personal health; growth and development; substance use and abuse; and community and environmental health, which helps to achieve optimum health and well-being.

Content	Competency
<b>A. Nature of Gateway Drugs</b> 1. Caffeine (products with caffeine include coffee, tea and cola drinks) 2. Tobacco 3. Alcohol	1. explains the concept of gateway drugs 2. discusses the nature of caffeine, nicotine and alcohol use and abuse
<b>B. Effects of Gateway Drugs</b> 1. Caffeine 2. Tobacco 3. Alcohol	1. describes the general effects of the use and abuse of caffeine, tobacco and alcohol
<b>C. Impact of the Use and Abuse of Gateway Drugs</b> 1. Individual 2. Family 3. Community	1. analyzes how the use and abuse of caffeine, tobacco and alcohol can negatively impact the health of the individual, the family and the community
<b>D. Prevention and Control of Use and Abuse of Gateway Drugs</b> 1. Development of Life Skills (resistance,	1. demonstrates life skills in keeping healthy through the non-use of gateway drugs 2. follows school policies and national laws

decision-making, communication, assertiveness) 2. Observance of Policies and Laws such as school policies and national law (RA 9211 or the Tobacco Regulation Act of 2003)	related to the sale and use of tobacco and alcohol
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Grade 8

Grade Level Standards

The learner demonstrates understanding of family health; prevention and control of diseases and disorders (communicable); and prevention of substance use and abuse to achieve, sustain, and promote family health and wellness.

Content	Competency
Gateway Drugs	discusses gateway drugs

Grade 9

Grade Level Standards

The learner demonstrates understanding of community and environmental health; injury prevention, safety and first aid ( Unintentional and Intentional Injury); and prevention of substance use and abuse to achieve, sustain, and promote community health and wellness

Content	Competency
Drug Scenario in the Philippines	describes the drug scenario in the Philippines
Factors that influence substance use and abuse	1. explains the concept of substance use, misuse, abuse and dependence, 2.discusses risk and protective factors in substance use, and abuse
Drugs/Substances of abuse 1. Stimulants 2. Depressants 3. Narcotics 4. Hallucinogen 5. Inhalants	1.analyzes situations for the use and non-use of psychoactive substances 2.identifies the types of drugs/substances of abuse 3.corrects myths and misconceptions about substance use and abuse
Harmful effects of drugs on the body 1. Short-term 2. Long term	recognizes warning signs of substance use and abuse discusses the harmful short- and long-term effects of substance use and abuse on the body
Prevention and control of substance use and abuse	15.discusses the harmful effects of substance use and abuse on the individual, family, school, and community 16.explains the health, socio-cultural,

	<p>psychological, legal, and economic dimensions of substance use and abuse</p> <p>17. discusses strategies in the prevention and control of substance use and abuse</p> <p>18. applies decision-making and resistance skills to prevent substance use and abuse</p> <p>19. suggests healthy alternatives to substance use and abuse</p>
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Science

Grade 4

Content	Competency
Diseases that affect the major organs of the human body	practice habits to maintain a healthy body

Grade 7

Content	Competency
Human Body Systems 1.1 Musculo-skeletal 1.2 Integumentary System 1.3 Digestive System 1.4 Respiratory System 1.5 Circulatory System 1.6 Nervous System	explain how the different organ systems work together;

Grade 9

Content	Competency
Prevention, detection, and treatment of diseases affecting the circulatory and respiratory systems	infer how one's lifestyle can affect the functioning of respiratory and circulatory systems

Grade 10

Content	Competency
Heredity: Inheritance and Variation	explain how mutations may cause changes in the structure and function of a protein

## **Araling Panlipunan**

### **Ika-4 na Baitang**

Nasusuri ang mga paglilingkod ng pamahalaan upang matugunan ang pangangailangan ng bawat mamamayan

- 6.1 Naisa isa ang mga programang pangkalusugan
- 6.2 Nasasabi ang mga pamamaraan sa pagpapaunlad ng edukasyon sa bansa
- 6.3 Nakakapagbigay halimbawa ng mga programa pangkapayapaan
- 6.4 Nasasabi ang mga paraan ng pagtataguyod ng ekonomiya ng bansa
- 6.5 Nakakapag bigay halimbawa ng mga

### **Ika-9 na Baitang**

Napahahalagahan ang paggawa ng tamang desisyon upang matugunan ang pangangailangan

Nasusuri ang kaibahan ng kagustuhan (wants) sa pangangailangan (needs) bilang batayan sa pagbuo ng matalinong desisyon

Napapahalagahan ang mga patakaran pang-ekonomiya na nakakatulong sa sektor ng paglilingkod

### **Ika-10 na Baitang**

Natataya ang epekto ng graft and corruption sa pagtitiwala at partisipasyon ng mga mamamayan sa mga programa ng pamahalaan

Nasusuri ang kaugnayan ng graft and corruption sa aspektong pangkabuhayan at panlipunan

Nakapagmumungkahi ng mga paraan upang maiwasan ang graft and corruption sa lipunan

## **Edukasyon sa Pagpapakatao (EsP)**

### **Ika-5 na Baitang**

Nakalalahok sa pangangampanya sa pagpapatupad ng mga batas para sa kabutihan ng lahat

1. pangkalinisan
2. pangkaligtasan
3. pangkalusugan
4. pangkapayapaan
5. pangkalikasan

### **Ika-6 na Baitang**

Naisasakilos ang pagtupad sa mga batas pambansa at pandaigdigang

1. pagtupad sa mga batas para sa kaligtasan sa
  - 1.1. daan
  - 1.2. pangkalusugan
  - 1.3. pangkapaligiran
  - 1.4. pag-abuso sa paggamit ng ipinagbabawal na gamut

2. lumalahok sa mga kampanya at programa para sa pagpapatupad ng batas tulad ng pagbabawal sa paninigarilyo, pananakit sa hayop, at iba pa

### **Ika-9 na Baitang**

Nasusuri ang mga paglabag sa karapatang pantao na umiiral sa pamilya, paaralan, baranggay/pamayanan, o lipunan/bansa

### **Ika-10 na Baitang**

Napangangatwiran na: Mahalaga ang buhay dahil kung wala ang buhay, hindi mapahahalagahan ang mas mataas na pagpapahalaga kaysa buhay; di makakamit ang higit na mahalaga kaysa buhay

Nasusuri ang mga gawaing taliwas sa kasagraduhan ng buhay







REPUBLIC OF THE PHILIPPINES  
**DEPARTMENT OF EDUCATION**  
Region VII, Central Visayas  
Sudlon, Lahug, Cebu City



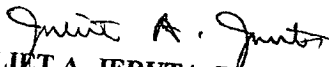
**REGIONAL MEMORANDUM**  
No. **0068**, 2017

FEB 06 2017

**SUBMISSION OF REPORTS ON THE STATUS OF DISTRIBUTION OF CURRICULUM  
COMPETENCIES WHERE INTEGRATION OF DRUG EDUCATION IS RECOMMENDED**

To : **Schools Division Superintendents**

1. In consonance with Regional Memorandum No. 0041, s. 2017 dated January 24, 2017 entitled, "Recommended Competencies in Selected Subject Areas Where Drug Education Can Be Integrated as Content Enrichment," all SDOs are directed to submit reports on the status of distribution of curriculum competencies where drug education integration in Grade 4 to Grade 10 for Health, Science, Araling Panlipunan and Edukasyon sa Pagpapakatao (ESP) on February 28, 2017 to the Office of the Regional Director.
2. Attached is the monitoring tool.
3. Immediate dissemination of this Memorandum is desired.

  
**JULIET A. JERUTA, Ph.D., CESO V**  
Director III  
Officer-in-Charge