



Republic of the Philippines
DEPARTMENT OF EDUCATION
Region VII, Central Visayas
DIVISION OF CEBU PROVINCE
Sudlon, Lahug, Cebu City



March 6, 2017

DIVISION MEMORANDUM

No. 150 s. 2017

**REGIONAL LIVE-OUT CAPABILITY BUILDING PROGRAM AND ACCREDITATION
IN SPORTS COACHING**

To: Assistant Superintendents
Education Supervisors/Coordinators
District Supervisors/OICs
Elementary and Secondary School Heads

1. As per Regional Memorandum No. 0120, s. 2017, a Regional Live-Out Capability Building Program and Accreditation in Sports Coaching shall be conducted on March 7-10, 2017 at the Cebu City Sports Center (CCSC), Cebu City.
2. Participants to this activity are the winning coaches who qualified for the Palarong Pambansa 2017 at Antique Province.
3. Additional non-winning coaches, assistant coaches (2 per event) are included for accreditation purposes.
4. Registration fee of Php 3, 500.00 is charged per participant, chargeable against Local School MOOE/SEF or any available funds, subject to their availability and the usual accounting and auditing rules and regulations.
5. School Heads are directed to ensure the attendance of the participants under their responsibility and make sure that classes of these teachers are taken care of.
6. For details, advance copy of the Regional Memorandum is attached hereto with the list of participants and the additional participants from this Office.
7. This Memorandum serves as Authority to travel of the participants.
8. Immediate and wide dissemination of this Memorandum is desired.


RHEA MARA ANGTUD, Ed. D., CESO VI
Schools Division Superintendent





Republic of the Philippines
DEPARTMENT OF EDUCATION
 Region VII, Central Visayas
 DIVISION OF CEBU PROVINCE
 Sudlon, Lahug, Cebu City



**LIST OF ADDITIONAL COACHES FOR THE REGIONAL LIVE-OUT
 CAPABILITY BUILDING PROGRAM AND ACCREDITATION
 IN SPORTS COACHING**

SPORTS EVENTS	NAME OF COACH	GENDER		MUNICIPALITY
		Male	Female	
Archery	1. Melchor Castro	√		Consolacion Badian
	2. Jaime de Castro	√		
Arnis	1. Susette Saplad		√	San Fernando Tuburan
	2. Alexis Villahermosa	√		
Athletics	1. Aurora Escarro		√	Bantayan Balamban
	2. Welgina Tautho		√	
Badminton	1. Heart Therese Pasaol		√	Sogod Balamban
	2. Juvencia Ledres		√	
Baseball	1. Mark Arsenio Davidon	√		Carmen Dalaguete
	2. Raymund Belamia			
Basketball	1. Ronnie Mata	√		Carmen Minglanilla
	2. Joshua Canada	√		
Billiards	1. Diomar Suan	√		Madrideojos San Fernando
	2. Jeffrey Olita	√		
Boxing	1. Eliseo Villarba	√		Dalaguete Carmen
	2. Arleen Cando		√	
Chess	1. Constantino Lazonz	√		Pilar Malabuyoc
	2. Teresita Cardoso			
Football	1. Jun-Jun Pintoan	√		Liloan Consolacion
	2. Azucena Duaban		√	
Futsal	1. Jean Deniega		√	Liloan Barili
	2. Fe Labiaga		√	
Gymnastics MAG	1. Nancy Velasco		√	Compostela Compostela
	2. Nelmie Rose Sagayno		√	
WAG	1. Jemson Cabra Jr.	√		Compostela Compostela
	2. Leysel Almaden		√	
RG	1. Erlyn Inocente		√	Liloan
	2. Jane Lalaine Pilapil		√	Liloan
SEPAK TAKRAW	1. Anabel Gemina		√	Balamban Catmon
	2. Rosalina Lindres		√	
SOFTBALL	1. Risa Bisnar		√	Compostela Tuburan
	2. Darwin Gallardo		√	
SWIMMING	1. Rufino Narciso	√		Daanbantayan Dalaguete
	2. May Centino		√	
TABLE TENNIS	1. Mary Jane Orilla		√	Compostela Dalaguete
	2. Lito Pelomino	√		
TAEKWONDO	1. Janet Marie V. Dinela		√	Dumanjug Minglanilla
	2. Narciso Jerusalem	√		
TENNIS	1. Jhovie Tik-ing		√	Dumanjug Bantayan
	2. Michael Dejos	√		

SPORTS EVENTS	NAME OF COACH	GENDER		MUNICIPALITY
		Male	Female	
VOLLEYBALL	1. Alicia Gealod 2. Ernestina Sabonsolin		√ √	Compostela Liloan
WRESTLING	1. Ryan Baterna 2. William Vergara	√ √		Balamban Ronda
WUSHU	1. Cindy Gonzalez 2. Maria Ristyl Marcellones		√ √	Balamban Balamban
DANCESPORTS	1. Irvin Canales 2. Ian Velez	√ √		Daanbantayan Medellin
SPED				
BOCCE	1. Ma. Agustina Ampong 2. Nieva Gerado		√ √	Minglanilla Pinamungajan
GOAL BALL	1. Lourdes Delantar 2. Marivic Espina		√ √	Carmen Carmen
SWIMMING	1. Cheyenn Tingson 2. Bibiana Cañazares		√ √	Minglanilla Pinamungajan
ATHLETICS 15 & BELOW	1. Lilanie Mapa 2. Gernard Uraca	√	√	Balamban Liloan
ATHLETICS 16 & ABOVE	1. John Louie Arcipe 2. Loterly Sartiga	√	√	Daanbantayan Minglanilla

Prepared by:


NENITA G. JARALVE
EPS-MAPEH

Approval Recommended:


ROSELLER N. GELIG
Assistant Schools Division Superintendent

Approved:


RHEA MAR A. ANGTUD, Ed. D. CESO VI
Schools Division Superintendent

REGIONAL LIVE-OUT CAPABILITY BUILDING PROGRAM AND ACCREDITATION IN SPORTS COACHING
March 7-10, 2017, Cebu City Sports Center, Pres. Osmeña Ave., Cebu City

List of Resource Speakers / Facilitators

Sports Event	Name	Division	Remarks	No.
Archery	Roy Genares	Cebu City	Baguio City Nat'l Accreditation	2
	Roland Tecson	Cebu Province	CVIRAA Meet TM	
Arnis	Lucio Beduya, Jr.	Mandaue City	Baguio City Nat'l Accreditation	2
	Jonel Pepito	Lapulapu City	Baguio City Nat'l Accreditation	
Athletics	Roseller Regulacion	Bohol	Baguio City Nat'l Accreditation	3
	Frank Echalico	Tagbilaran City	Baguio City Nat'l Accreditation	
	Arturo Punay	Cebu Province	CVIRAA Meet TM	
Badminton	Edward Luke Paulin	Cebu Province	Baguio City Nat'l Accreditation	2
	Rosa Nee Refamonte	Cebu City	CVIRAA Meet TM	
Baseball	Luciano Inting	Bohol	Baguio City Nat'l Accreditation	3
	Beltran Aragon	Cebu Province	CVIRAA Meet TM	
Basketball	Remos Mariñas	Cebu City	Baguio City Nat'l Accreditation	2
	Aurelio Eslawan	Mandaue City	CVIRAA Meet TM	
Billiards	Jose Arlon Lawas	City of Bogo	Baguio City Nat'l Accreditation	2
	Omar Ylanan	Cebu City	CVIRAA Meet TM	
Boxing	Dante Magdalaga	Cebu City	Baguio City Nat'l Accreditation	3
	Fanuel Villanueva	Mandaue City	Tagum City Officials Accreditation	
	Benjamin Tiongzon	Mandaue City	Division Sports Supervisor	
Chess	Mark Kevin Angtud	Cebu City	Baguio City Nat'l Accreditation	2
	Serapia Jala	Bohol	CVIRAA Meet TM	
Football	Juan Torregosa	Bohol	CVIRAA Meet TM	2
	Francis Ramirez	Cebu City	CVIRAA Meet Asst. TM	
Futsal	Ruben Tejano	Cebu Province	CVIRAA Meet TM	2
	Robert Nicart	Cebu City	Tagum City Officials Accreditation	
Gymnastics MAG	Jennifer Labastida	Cebu City	Baguio City Nat'l Accreditation	2
	Margarette Bicaldo	Lapulapu City	Baguio City Nat'l Accreditation	
Gymnastics WAG	Ralph June Villarosa	Cebu City	Baguio City Nat'l Accreditation	2
	Justina Arangoso	Bohol	Baguio City Nat'l Accreditation	
Gymnastics RG	Gloria Cifra	Bohol	Baguio City Nat'l Accreditation	2
	Karen Torres	Cebu Province	Baguio City Nat'l Accreditation	
Sepak Takraw	Baumel Ares	Cebu City	Baguio City Nat'l Accreditation	2
	Noel Bragat	Cebu Prov.	Baguio City Nat'l Accreditation	
Softball	Rosalinda Butcon	Bohol	CVIRAA Meet TM	2
	Maida Credo	Cebu City	Baguio City Nat'l Accreditation	
Swimming	Preciosa Culajao	Tagbilaran City	Baguio City Nat'l Accreditation	2
	Juniver Cabrera	Bohol	Tagum City Officials Accreditation	
Table Tennis	Imelda Mundarte	Cebu City	Baguio City Nat'l Accreditation	2
	Jessica Honoridez	Cebu City	CVIRAA Meet TM	
Taekwondo	Dinah Grace Cuizon	Bohol	Baguio City Nat'l Accreditation	2
	Joseph Del Pilar, Jr.	Cebu Prov.	Baguio City Nat'l Accreditation	

Tennis	Rene Borgonia	Cebu Province	CVIRAA Meet TM	
	Michael Dejos	Cebu Province	Baguio City Nat'l Accreditation	2
Volleyball	Jonathan Goyeneche	Bohol	CVIRAA Meet TM	
	Columbus Patentes	Cebu City	Tagum City Officials Accreditation	2
Wrestling	Henry Saa	Cebu City	Division Trainor / Facilitator	2
	Rolando Rondes	Cebu City	CVIRAA Meet TM	
Wushu	Oslas Cartagena	Cebu City	Baguio City Nat'l Accreditation	
	Ernesto Vergara, Jr.	Cebu City	CVIRAA Meet TM	2
DEMO SPORTS:				
DanceSports	Crisaldo Rendon	Cebu City	Team Dancesports Cebu City	1
SPED:				
BOCCE	Prescila Labajan	Cebu City	Baguio City Nat'l Accreditation	1
Goal Ball	Elenita Retiza	Mandaue City City	Baguio City Nat'l Accreditation	1
Swimming	To join with Swimming regular event			
Athletics 15 & Below 16 & Above	To join with Athletics regular event			



REPUBLIKA NG PILIPINAS
REPUBLIC OF THE PHILIPPINES
KAGAWARAN NG EDUKASYON
DEPARTMENT OF EDUCATION
REHIYON VII, GITNANG VISAYAS
REGION VII, CENTRAL VISAYAS
Sudlon, Lahug, Cebu City



REGIONAL MEMORANDUM

No. **0120**, s. 2017

FEB 27 2017

REGIONAL LIVE-OUT CAPABILITY BUILDING PROGRAM AND ACCREDITATION IN SPORTS COACHING

To: Schools Division/City Superintendents
Officers-in-Charge of Regular/Interim Divisions
All Others Concerned

ADVANCE COPY

1. In its effort to upgrade the coaching competencies of CVIRAA Coaches and Trainers, this Office through the Education Support Services Division (ESSD) in coordination with the Human Resource Development Division shall conduct a Live-Out Capability Building and Accreditation in Sports Coaching on March 7-10, 2017 at the Cebu City Sports Center (CCSC), Cebu City.
2. This activity aims to:
 - a) capacitate coaches and trainers on the current trends, scientific coaching and training techniques in their respective sports discipline;
 - b) cover the roles and functions of the coach in modern training methodologies, player development and in promoting ethical values and sportsmanship; and
 - c) accredit coaches and asst. coaches qualifiers of CVIRAA delegation to the Palarong Pambansa 2017.
3. Participation is a MUST for all CVIRAA Coaches and Asst. Coaches qualified to serve for the Palarong Pambansa 2017. Additional participants of two (2) pax per event is requested from the Schools Divisions ensuring fair representation of male and female participants with age requirement below 50 years old. MAPEH Supervisors are requested to submit a list with the names of their division participants to the ESSD Office on or before March 1, 2017. Arrival and registration will be on Day 0, March 7, 2017 at the Cebu City Sports Center Gym.
4. Participants are required to present medical certificate, certification from the SDS or School Head that they are actively coaching an event and bring official apparel of their sports event.
5. Travel, per diems and other incidental expenses of participants including a registration fee of Three Thousand Five Hundred Pesos (Php3,500.00) to be paid in cash (to cover for lunch, 2 snacks, training kits and materials, T-shirt and honoraria of Resource Speakers) shall be charged to division/school local SEF/MOOE funds or any available funds subject to accounting and auditing rules and regulations. First meal to be served will be AM snacks on Day 1, March 8, 2017 and last meal will be PM snacks on Day 4, March 10, 2017.
6. For further inquiries you may contact ESSD Office at tel. no. 032-2547062.
7. Immediate dissemination of this Memorandum is desired.

JULIET A. JERUTA, Ph.D., CESO V
Director III
Officer-In-Charge

ESSD
JAJ/Office of the Director (ORDir), Tel. Nos.: (032) 231-1433; 231-1309; 414-7399; 414-7325; Office of the Assistant Director, Tel. No.: (032) 255-4542
Field Technical Assistance Division (FTAD), Tel. Nos.: (032) 414-7324 Curriculum Learning Management Division (CLMD), Tel. Nos.: (032) 414-7322
Quality Assurance Division (QAD), Tel. Nos.: (032) 231-1071 Human Resource Development Division (HRDD), Tel. No.: (032) 255-5239
Education Support Services Division (ESSD), Tel. No.: (032) 254-7062 Planning, Policy and Research Division (PPRD), Tel. Nos.: (032) 233-9030;
414-7065 Administrative Division, Tel. Nos.: (032) 414-7326; 414-4367; 414-7366; 414-7322; 414-4367
Finance Division, Tel. Nos.: (032) 256-2375; 253-8061; 414-7321

“ESA 2015: Karapatan ng Lahat, Pananagutan ng Lahat”

REGIONAL LIVE-OUT CAPABILITY-BUILDING PROGRAM AND ACCREDITATION IN SPORTS COACHING

March 7-10, 2017

Cebu City Sports Center, 179 R.R Landon Street, Osmeña Blvd, Cebu City

PROGRAM SCHEDULE MATRIX (PSM)

TIME	DAY 0 March 7, 2017	DAY 1 March 8, 2017	DAY 2 March 9, 2017	DAY 3 March 10, 2017
7:31-8:00 AM			MOL	
8:31-9:00 AM		Opening Program	Pre Test Rules and Laws of the Game (by Event)	
9:01 - 10:00 AM		Plenary Sessions *Ethical Rights and Legal Responsibilities of a Coach	Interpretation of the Rules of the Game (by Event)	Practicum: Skills Demonstration (by Event)
10:01 AM -11:00 AM		*Sports Psychology		
11:01 AM -12:00 PM		*Strength Training & Conditioning	Coaching Method (by Event)	
12:01 - 1:00 PM				
1:01 - 2:00 PM		*Sports Injury and Management	Coaching Techniques and Strategies (by Event)	Clearing House
2:01 - 3:00 PM	Arrival and Registration	*Sports Nutrition		Post Test
3:01-4:00 PM				
4:01-5:00 PM				
5:01-5:30 PM	Venue: Cebu City			
Debriefing: Program Management Team, Facilitators, Process Observers				

REGIONAL LIVE-OUT CAPABILITY BUILDING PROGRAM AND ACCREDITATION IN SPORTS COACHING
March 7-10, 2017, Cebu City Sports Center, Pres. Osmeña Ave., Cebu City

MANAGEMENT TEAM

Program Director	Dr. Juliet A. Jeruta, Regional Director
Assistant Program Director	Atty. Fiel Y. Almendra, OIC-Asst. Regional Director
Chief Program Manager	Dr. Luz C. Jandayan, Chief, ESSD
Asst. Program Managers (M&E Group)	All Division MAPEH Supervisors / Sports Coordinators
Training Coordinators	Dr. Flordeliza Sambrano, Chief, HRDD Mr. Victor V. Yntig, Chief, Admin Services Division Mr. Misael G. Borgonia, EPS, HRDD
Finance Manager	Dr. Adeline C. Luarez, Chief SGOD, Mandaue City RSCA Chairperson / NSAC Member
ICT / Resource Staff	Dr. Berna J. Ysulan, Dr. Ranilo Edar, Engr. Noemi C. Guillen, Engr. Char May D. Yngayo, Mrs. Grace B. Espos, Ms. Norien A. Mercado

WORKING COMMITTEES

Registration

**Adeline C. Luarez
 Norien A. Mercado
 Loida Allego
 Maria Nessa Tio-Espina
 Felicitas Magno**

Accommodation / Playing Venues / Equipment

**Zenaida Gocotano
 Renezar Ferolino
 Benjamin Tiongzon**

Program (Opening & Closing) / Socials

**Nenita Jaralve
 Nena Booc
 Reza Lao
 Deo Aton III**

Transportation

**Alberto Aurestila
 Alberto Lacang
 Pedro Mapait
 Earl Aso**

Certificates / Handouts

**Allan Villacampa
 Norien Mercado
 Noemi Guillen
 Char May Yngayo
 Jury Yosores**

Ways and Means

**Cirilo Calatrava
 Ranilo Edar
 Faviolito Alberca**

Documentation

**Johnnyline P. Jagdon
 Brigolito Brigoli**

Food Committee

**Grace B. Espos
 Mayonito Abaquita
 Philip Nacario
 Niño Matillano**

Medical/Dental

**Dr. Berna J. Ysulan
 Dr. Lucila Abelida
 Ms. Romela Ceniza
 Ms. Liza Urbiztondo
 Dr. Josephine Valencia
 Ms. Jocelyn Lataza
 Ms. Arsenia Bumaya
 Dr. Melissa Paradela**

REGIONAL LIVE-OUT CAPABILITY BUILDING PROGRAM AND ACCREDITATION IN SPORTS COACHING
March 7-10, 2017, Cebu City Sports Center, Pres. Osmeña Ave., Cebu City

Participants Per Sports Events and Per Division

Sports Events	Names of Palarong Pambansa 2017 Qualifiers				Additional Pax Per Division
	Coach	Division	Asst. Coach	Division	
Archery	Ma. Teresita Beltran	Cebu City			2
	Steve Pacheco	Mandaue City			
Arnis	Jonel Pepito	Lapulapu City			2
	Jonah Pongasi	Lapulapu City			
	Cristina Tropa	Lapulapu City			
	Jennie Atinin	Cebu City			
Athletics	John Rey Dublin	Cebu Prov.			2
	Arvin Lobiranes	Cebu City			
	Eilyn Palahang	Cebu City			
	Tanny Gerebese	Bohol			
	Maria Elvic Dublin	Cebu Prov.	Maria Elenita Apatay	Cebu Prov.	
	Suzibel Baja	Bohol	Ronilo Oftana	Cebu Prov.	
Badminton	Joseph Albert Patalinghug	Cebu City			2
	Antonio Abellana	Cebu City			
	Alma Flores	Mandaue City	Donnabelle Preglo	Danao City	2
	Charisse Jun Sierras	Danao City	Manolito Montalvo	Cebu City	
Baseball	Hector Abdon, Sr.	Cebu Prov.	Felix Franco	Cebu City	2
	Junie Atienza	Bohol	Salvador Guitguit	Cebu Prov.	
Basketball	Delfin Pepito, Jr.	Cebu City			2
	Darwin Dinoy	Cebu City			
	Ronaldo Bucao	Cebu City			
Billiards	Ildefonso Manatad	Mandaue City			2
	Warren Demetria	Cebu Prov.			
Boxing	Voie Gene Cena	Mandaue City	Ernie Batocoy	Cebu Prov.	2
Chess	Alcestis Borja	Cebu Prov.			2
	Arnecito Lumbab	Danao City			
	Ramon Tentativa	Cebu prov.			
	Aritas Quiñanola	Cebu Prov.			
Football	Tomasito Glen Ramos	Cebu City			2
Futsal	Rose Ton Bariñan	Mandaue City			2
Gymnastics MAG	Jendyl Abing	Lapulapu City			2
	Eric Oyanguren	Cebu City			
Gymnastics WAG	Allen Miles Castañeda	Cebu City			2
	Randy Dela Pisa	Cebu City			
Gymnastics RG	Lloyd Serrano	Cebu City			2
	Darlene Dela Pisa	Cebu City			
Sepak Takraw	Marlon Gicain	Cebu City			2
	Ronaldo Desamparado	Cebu Prov.			
	Janelyn Tadeo	Cebu Prov.			
Softball	Jackson Genolaga	Cebu City	Dionesio Mapesos, Jr.	Bohol	2
	Dionesio Bacarisas	Cebu City	Roland Nalla	Bohol	

Sports Events	Names of Palarong Pambansa 2017 Qualifiers				Additional Pax Per Division
	Coach	Division	Asst. Coach	Division	
Swimming	Judaline Garciano	Cebu City			2
	Charina Ballesteros	Cebu City			
	Robert Taguisa	Tagbilaran City			
	Rowena Rodrigo	Cebu City			
Table Tennis	Neilben Carreon	Cebu City			2
	Jemelou Dakay	Danao City			
	Margaret Dayan	Tagbilaran City			
	Filjun Benlot	Cebu Prov.			
Taekwondo	Mary Ann Alferez	City of Naga			2
	Baltazar Arcenal	Cebu Prov.			
	Frauline Joy Realista	Cebu City			
	Michael Angelo Realista	Cebu City			
Tennis	Jessa Mae Gudio	Cebu City			2
	Euphretes Tabura	Cebu City			
	Crisanto Caranzo	City of Naga			
	Miguelito Casquejo	Cebu Prov.			
Volleyball	Jonrey Sasing	Cebu City	Renato Sisles	Cebu Prov.	2
	Roldan Potot	Cebu City	Jamel Macasamat	Mandaue City	
	Flordeliza Aribal	Mandaue City	Rodilio Gabiana, Jr.	Cebu City	
	Vilma Veloso	Cebu Prov.	Dino Arribal	Mandaue City	
Wrestling	Marie Antonette Ligan	Cebu City			2
	Mark Wendell Gimena	Cebu City			
Wushu	Johanna Kristin Soberano	Cebu Prov.			2
	Jovelyn Yburan	Cebu Prov.			
DEMO SPORTS:					
DanceSports	Abcill Alquisola	Cebu City			2
	Marc Ladaran	Cebu City			
	Michelle Mejias	Cebu City			
	Siela Hernandez	Cebu City			
SPED:					
BOCCE	Emma Java	Cebu City	Maria Agustina Ampong	Cebu Prov.	2
Goal Ball	Zaldy Villarias	Talisay City	Henry Hamoy	Cebu Prov.	2
	Merielli Garcia	Cebu City			
Swimming	Christele Rinabel Ortega	Mandaue City			2
	Beatriz Zapanta	Mandaue City			
Athletics 15 & Below 16 & Above	Regei Saplاد	Mandaue City	Marites Garces	Carcar City	2
	Joana Bagaslao	Cebu City	Jonah Salino	Cebu City	
	Bretha Gatpolitán	Mandaue City	Loterly Sartiga	Cebu Prov.	
	Lenie Kiseo	Mandaue City	Grace Batucan	Cebu City	
TOTAL:	78		19		