

May 23, 2017

DIVISION MEMORANDUM

No. 321 s. 2017

TRAINING OF TRAINERS IN HEALTH EDUCATION

To: Assistant Superintendents
Education Supervisors/Coordinators
District Supervisors/OICs
Elementary and Secondary School Heads

1. Attached is Regional Memorandum No. 0338, s. 2017 informing the identified participants in the Division on the schedule of the Training of Trainers in Health Education on May 26-27, 2017 at Crown Regency Hotel, Guadalupe, Cebu City.
2. School Heads of the identified participants are directed to ensure the attendance of the teachers under their jurisdiction.
3. Communication details about the training is hereto attached.
4. Immediate and wide dissemination of this Memorandum is desired.


RHEA MARIA ANGTUD, Ed. D., CESO VI
Schools Division Superintendent

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REPUBLIKA NG PILIPINAS
REPUBLIC OF THE PHILIPPINES
KAGAWARAN NG EDUKASYON
DEPARTMENT OF EDUCATION
REHIYON VII, GITNANG VISAYAS
REGION VII, CENTRAL VISAYAS
Sudlon, Lahug, Cebu City




REGIONAL MEMORANDUM
No. **0338**, s. 2017

MAY 17 2017

TRAINING OF TRAINERS IN HEALTH EDUCATION

To: Schools Division Superintendents

1. There will be a Training of Trainers on Adolescent Health Education and Practical Training (ADEPT) and the Reference Material on HIV, AIDS, and STI for High School Students on May 26 – 27, 2017 at Crown Regency Hotel, Guadalupe, Cebu City.
2. This is a collaborative effort of the Department of Education (DepEd), Department of Health (DOH), and Cebu Plus Association Incorporated (CPAI) to address epidemic issues among adolescents.
3. Participants to this training are the Schools Division MAPEH Supervisors/Coordinators and Identified MAPEH Teachers who will conduct an echo-training seminar in their respective Schools Division (see attached list of participants).
4. Each participant is required to bring laptop, USB, and earphones to be used in the activity and must be at the venue before 8 o'clock in the morning on May 26, 2017 (see attached training matrix for guidance).
5. DOH will fund the food and accommodation, materials for the training including a printed copy of the Reference Material and Teachers' Guide for each of the participants while travelling expenses will be charged against CPAI funds subject to the usual accounting and auditing rules and regulations.
6. Teachers shall be given two-day service credits while Division and Regional Personnel shall be given Compensatory Time Off (CTO) for the services rendered during Saturday in the conduct of the training.
7. This Memorandum also serves as **Travel Order**.
8. Wide dissemination of and compliance with this Memorandum is directed.


JULIET A. JERUTA, PH.D., CESO V
Director III
Officer-in-Charge

JAJ/EBEJ/IPO
CLMD'17

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"EQA 2015: Karapatan ng Lahat, Pananagutan ng Lahat"

**TRAINING OF TEACHERS ON ADOLESCENT HEALTH EDUCATION AND PRACTICAL TRAINING (ADEPT)
AND THE REFERENCE MATERIAL ON HIV, AIDS, AND STI FOR HIGH SCHOOL STUDENTS**

Participants	Division
1. Juvelyn P. Otero	RO VII – MAPEH EPS
2. Ameelyn Coca	RO VII – GAD Focal Person
3. Cirilo S. Calatrava	Bohol
4. John Rey F. Galendez	
5. Analene Autentico	
6. Brigith C. Jugasan	Bogo City
7. Mario Mapait	Carcar City
8. Philip A. Nacario	
9. Kathryn Estenzo	
10. Courtney S. Sebial	Cebu City
11. Renezar T. Ferrolino	
12. Nenita G. Jaralve	
13. Janeth Amarillo	Cebu Province
14. Dionisio Aton III	
15. Alberto S. Aurestila	
16. Resalyn Sarda	City of Naga
17. Valentin Jacobe	Danao City
18. Analiza Valdez	
19. Herminia N. Leyson	Lapu-Lapu City
20. March Mandal	Mandaue City
21. Catherine Gasta	
22. Niño G. Matillano	
23. Richard Ruelan	
24. Jerrill T. Galleon	Siquijor
25. Earl J. Aso	
26. Kieren Mae Tampus	
27. Lariesa Palomar	Tagbilaran City
28. Alberto A. Lacang	
29. Butch Bernas	
30. Mayonito L. Abaquita	Talisay City
31. Geraldine Cañedo	Toledo City
32. Carolyn Tomarong	
33. Loida L. Allego	
34. Viquelyn Engbino	
35. Rikka Marie Caballero	

Day 1: Training of Teachers on ADEPT

PROPOSED PROGRAM OF ACTIVITIES

Objectives:

1. To orient teachers on adolescent health and development;
2. To orient/experience the use of e- learning tool (ADEPT) on how to conduct psychosocial management;
3. To experience one-on-one interview to adolescents using HEEEDSSSS.

Time	Activity	Remarks
8:00 am	Opening program Introduction and Expectation Setting	
8:30 am	"Pinoy" Adolescent Intro to HEEEDSSSS Assessment Tool Discovering the Adolescent Friendly Facility/Environment	Emphasizing the need for special considerations for adolescents (e.g. brain development, etc), important role of environment should be emphasized
9:30 am	Talking to teens and processing	Scenarios will be provided by DOH-FHO but regional coordinators may add scenarios important in their region
10:15 am	Journey to ADEPT Training: Orientation Start module 1 and 2	Discussing WHY and HOW ADEPT was developed Planning: laptop, earphones, USB
12:00 nn	Lunch	
1:00 pm	Continue ADEPT (module 3-5)	
3:00 pm	Practicum (Participants will experience one-on- one interview with an adolescent)	Planning for practicum: /adolescents can either go to the training venue or participants go to where the adolescents are located.
3:45 pm	Processing of the experience	Referral mechanism for adolescents with identified issues during practicum
4:30 pm	Continue ADEPT	In case some participants don't finish, they can continue on their own time

Day 2: Training of Teachers on HIV Reference Material

PROPOSED PROGRAM OF ACTIVITIES

Objectives:

1. Understand the HIV situation in the Philippines and their local area
2. Gain basic knowledge on HIV and STI transmission, prevention and services available in their local area
3. Clarify misconceptions regarding HIV, AIDS & STI
4. Learn how to teach Refusal Skills
5. Learn how to teach the Reference Material on HIV, AIDS and STI for High School Students

Time	Activity	Responsible Office
8:00 am	HIV situation in the Philippines and in the local area	SHC, Regional HIV Coordinator (RHIC) or RESU
8:30 am	Pre-test	EB or RESU
8:45 am	Basics of HIV transmission, prevention, & available services	SHC
9:15 am	Sensitization on HIV related issues	SHC or RHC
9:30 am	Common misconceptions	SHC, RHC
10:15 am	Break	
10:30 am	Demo: Lesson 1 (HIV & the immune system)	Teacher Trainer
11:00 am	Demo: Lesson 2 (HIV transmission & prevention)	Teacher Trainer
11:30 am	Discussion Lesson 1 & 2	Teacher Trainer, SHC, RHC
12:00 nn	Lunch break	
1:00 pm	Demo and Discussion: Lesson 3 (STI)	Teacher Trainer, SHC, RHC
1:45 pm	Demo and Discussion: Lesson 4 (available services)	Teacher Trainer, SHC, RHC
2:30 pm	Training on Refusal Skills	Teacher Trainer
3:30 pm	Break	
3:45 pm	Demo and Discussion: Lesson 5 (RA 8504)	Teacher Trainer, SHC, RHC
4:30 pm	Discussion of school implementation	LGU
5:00 pm	Post-test	EB or RESU
5:30 pm	Distribution of materials (tarpaulins, etc)	EB