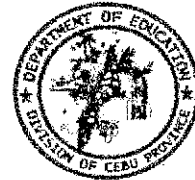




Republic of the Philippines
Department of Education
Region VII, Central Visayas
DIVISION OF CEBU PROVINCE
Sudlon, Lahug, Cebu City



December 19, 2017

DIVISION MEMORANDUM
No. 889 s. 2017

REGIONAL TRAINING PROGRAM AND ACCREDITATION IN SPORTS COACHING

To: Assistant Superintendents
Chiefs, CID/SGOD
Education Supervisors/Coordinators
District Supervisors/OICs
Elementary and Secondary School Heads
Heads, Private Elementary and Secondary Schools

1. This Office announces the schedule of the Regional Training Program and Accreditation in Sports Coaching which is a **MUST** for all 2018 CVIRAA coaches to be conducted on December 26- 30, 2017 at the City of Naga, Naga Cebu.
2. This Regional Training and Accreditation is conducted free of charge.
3. Participants to this program shall be provided with food by the Regional Office.
4. For details, Regional Memorandum No. 0979, s. 2017 is attached hereto.
5. Those participants who wish to stay in, shall be provided with billeting quarter only by DepEd Naga Division. Porta mats and beddings shall be the responsibility of the participants.
6. Coaches for the 2018 CVIRAA Meet who are required to subject themselves for accreditation is enclosed hereto.
7. Some coaches are given the chance to attend, filling in the slots in events which require more participants.
8. CVIRAA coaches who fail to attend this training and accreditation shall be replaced since Accreditation Certificate is already a requirement for all coaches to qualify to coach.
9. Participants to this training shall be granted service credits and CTO for School Heads.
10. This Memorandum serves as Authority to Travel of the participants.
11. Traveling and other incidental expenses incurred by the participants shall be chargeable against Local School MOOE, subject to the existing accounting and auditing rules and regulations.
12. Immediate and wide dissemination of this Memorandum is directed.


RHEA MAE A. ANGTUD, Ed. D., CESO VI
Schools Division Superintendent

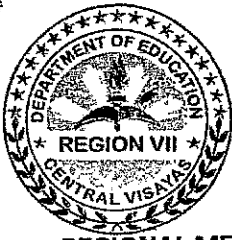
LISTS OF COACHES FOR ACCREDITATION SEMINAR PER EVENT

	EVENT	NAME OF COACH
1	ARCHERY	1.) MELCHOR CASTRO (GIRLS)
		2.) JAIME DE CASTRO (BOYS)
		3.) MONETTE YUSON
		4.) HENDRELL CATADMAN
2	ARNIS	1.) RICHARD DANIEL PUNO (BOYS-SEC)
		2.) ANNIELE BROOK UNDALOK (GIRLS-SEC)
		3.) LIZA THERESE BORGONIA (BOYS-ELEM)
		4.) RUVELYN VILLONDO (GIRLS-ELEM)
		5.) WENSLOU LACSON
3	ATHLETICS	1.) MA. ELVIC DUBLIN (BOYS-ELEM)
		2.) ARLINA JUMAO-AS (GIRLS-ELEM)
		3.) DAMCELLE MARIE VALIENTE (BOYS-SEC)
		4.) WELGINA TAOTJO (GIRLS-SEC)
		5.) NEIL ALFRED GERAGA
		6.) RONILO OFTAMA
		7.) FLORENTINO COYACOT
		8.) LIPTON LORCA
		9.) EUNICE T. SUAN
4	BADMINTON	1.) YPRIL MARIE LOGRONO (GIRLS-SEC)
		2.) MARIA VIRLY PAULIN (BOYS-SEC)
		3.) AMELIE BENDEBEL (BOYS-ELEM)
		4.) MARINESS BADAYOS (GIRLS -ELEM)
		5.) MICHELLE YBAÑEZ
		6.) PERINEN VILLAHERMOSA
		7.) ALLAN ARGAWANON
		8.) ROSEBELLE CODILLA
5	BASEBALL	1.) JANREY CAMONGAY (BOYS-SEC)
		2.) JOSELITO ARCHE (BOYS-ELEM)
		3.) MARK ARSENIO DAVIDON
		4.) MARTINIETA ALBANO
		5.) DONATO R. INTING JR.
6	BASKETBALL	1.) RONNIE MATA (BOYS-SEC)
		2.) IRENE MATA (GIRLS-SEC)
		3.) JOMARVIN NERI (BOYS-ELEM)
7	3X3	1.) MARLON MAALIAO (GIRLS-SEC)
		2.) ROWENO LABTIC (BOYS-SEC)
8	BILLIARDS	1.) DIOSDADO RESTAURO JR. (GIRLS-SEC)
		2.) MA FE GONZAGA TIRO (BOYS-SEC)
		3.) MARICHU GENARQUE
		4.) GABRIEL MUÑOZ
9	BOXING	1.) ERNIE BATOCTOY (BOYS-SEC)
		2.) ROY BASAKA (BOYS-ELEM)
		3.) GAIL ALIVIO
		4.) LIZA PEPITO
10	CHESS	1.) HAZEL DELA TORRE (BOYS-SEC)
		2.) VICMIL PEPITO (GIRLS-SEC)
		3.) ELMA PUNO (BOYS-ELEM)
		4.) BUENABEL CAPORAS (GIRLS-ELEM)

11	FOOTBALL	1.) JUNJUN PINTUAN (BOYS-SEC)	
		2.) MELANI BAQUIRO (BOYS-ELEM)	
		3.) ERLYN BROCA	
		4.) CATHERINE ORTIZ	
12	FUTSAL	1.) ROSA GLENDA BADAYOS (GIRLS-SEC)	
		2.) ANTONIETTA GAMBOA	
13	GYMNASTICS	1.) NELMIE ROSE SAGAYNO (BOYS-SEC)	
		2.) LEYSEL ALMADEN (GIRLS-SEC)	
		3.) ZITA PALOMA (GIRLS-SEC)	
		4.) ROXANNE ROJAS (BOYS-ELEM)	
		5.) MARICRIS YGOT (GIRLS-ELEM)	
		6.) JANE LALAIN PILAPIL (GIRLS-ELEM)	
		7.) MAILYN SANTARIN	
		8.) LAVELLA NIQUE	
		9.) ERLYN INOCENTES	
		10.) LEMUEL PABLE	
		11.) KEN DAJON	
14	SEPAK TAKRAW	1.) NICOLAS BUGHAO (BOYS-ELEM)	
		2.) ANABEL GEMINA (BOYS-SEC)	
		3.) RONALDO DESAMPARADO (GIRLS-SEC)	
		4.) RICO DESAMPARADO	
15	SOFTBALL	1.) ARRIANE NADONZA (GIRLS-SEC)	
		2.) RIZZA BISNAR (GIRLS-ELEM)	
		3.) DARWIN GALLARDO	
		4.) LORENA MERCADER	
16	SWIMMING	1.) AGNES DELA TORRE (BOYS-ELEM)	
		2.) JOSEPHINE GULFAN (GIRLS-ELEM)	
		3.) NORESHMER JOHN ARROGANTE (BOYS-SEC)	
		4.) SARAH JANE MANTOS (GIRLS-SEC)	
		5.) CLAIRE ANN HALL	
		6.) ANTONIETTA OROG	
		7.) JENNIBETH CAMALLERE	
17	TABLE TENNIS	1.) MARY FLOR QUIRANTE (GIRLS-ELEM)	
		2.) FLORA N. EBARLE (BOYS-ELEM)	
		3.) ANTONITA LANTICSA (GIRLS-SEC)	
		4.) ROMEL LINAWAGAN (BOYS-SEC)	
18	TAEKWONDO	1.) ETHEL HURBODA-KYOROGI (GIRLS-SEC)	
		2.) HELEN ARCILLA-POOMSAE (GIRL-SEC)	
		3.) RICO BARITUA-KYORUGI (BOYS-SEC)	
		4.) JERUSALEM NASCISO-POOMSAE (BOYS-SEC)	
		5.) MARIANNE SALVA-KYORUGI (GIRLS-ELEM)	
		6.) MIRAFLOR COSIP-POOMSAE (GIRLS-ELEM)	
		7.) MARY ANN PLANIA-KYORUGI (BOYS-ELEM)	
		8.) MICHELLE ANGELIE BEJIC -POOMSAE (BOYS-ELEM)	
19	TENNIS	1.) NIGELITA RELACION (BOYS-SEC)	
		2.) KAREN JANN SEBLOS (BOYS-ELEM)	
		3.) SONIA GAYATGAY (GIRLS-SEC)	
		4.) JOCEN PAGLINAWAN (GIRLS-ELEM)	
20	VOLLEYBALL	1.) ERNESTINA SABONSOLIN (GIRLS-SEC)	
		2.) ZACK VILZE VELOSO (GIRLS-ELEM)	
		3.) REYNILDA MANGUBAT (BOYS-SEC)	
		4.) CATALINO COBEROS (BOYS-ELEM)	

		5.) ROWEL LATO	
		6.) YZEL GOMEZ	
		7.) ARISJUNE GETUABAN	
		8.) ALMA ORTEZANO	
21	WUSHU	1.) EVELYN CABALLERO-TAULO(BOYS-ELEM)	
		2.) ARLENE DANDAN-TAULO(GIRLS-ELEM)	
		3.) JOVELYN YBURAN-TAULO/SANDA (BOYS-SEC)	
		4.) ZENAIDA GONZALES-TAULO/SANDA(GIRLS-SEC)	
22	WRESTLING	1.) VARDOL SUGAROL	
		2.) ERMA ESPINOSA	
		3.) ALBERTO ARCILLA JR.	
23	DANCE SPORTS	1.) JOAN ATIENZA (LATIN-SEC)	
		2.) LORELIE ROJAS (LATIN-ELEM)	
		3.) ROSSANA ESTRELLA (STANDARD-SEC)	
		4.) LILIAN ROSE DONDOY (STANDARD-ELEM)	
24	SPED	1.) MARIA AGUSTINA AMPONG	
		2.) ANA MARIA LIZA DUNGOG	
25	AEROBIC GYMNASTICS	1.) JUVELYN VILLEGAS	
26	PENCAK SILAT	1.) GILBERT KAGAKIT	
		2.) JAZ JUNE RAMIREZ	

abu P.



REPUBLIKA NG PILIPINAS
REPUBLIC OF THE PHILIPPINES
KAGAWARAN NG EDUKASYON
DEPARTMENT OF EDUCATION
REHIYON VII, GITNANG VISAYAS
REGION VII, CENTRAL VISAYAS
Sudlon, Lahug, Cebu City



REGIONAL MEMORANDUM

DEC 13 2017

No. 0079, s. 2017

REGIONAL TRAINING PROGRAM AND ACCREDITATION IN SPORTS COACHING

To: Schools Division/City Superintendents
Officers-in-Charge of Regular/Interim Divisions
All Others Concerned

1. In its effort to upgrade the coaching competencies of CVIRAA Coaches and Trainers, this Office through the Education Support Services Division (ESSD) in coordination with the Human Resource Development Division will conduct a Regional Training Program and Accreditation in Sports Coaching on December 26-30, 2017 at the City of Naga Sports Center, City of Naga, Cebu in cooperation with the Schools Division of the City of Naga.

2. This activity aims to:
a) capacitate coaches and trainers on the current trends, scientific coaching and training techniques in their respective sports discipline;
b) cover the roles and functions of the coach in modern training methodologies, player development and in promoting ethical values and sportsmanship; and
c) accredit coaches and asst. coaches qualifiers of Region VII to the CVIRAA Meet 2018 and Palarong Pambansa 2018.

3. Participation is a priority and a MUST for all Division winning, new and unaccredited Coaches and Asst. Coaches qualified to serve for the CVIRAA Meet 2018 ensuring fair representation of male and female participants with age requirement below 50 years old. Participants are required to: 1) present medical certificate, 2) certification from the SDS or School Head that they are actively coaching an event; 3) passport size picture with written name and event; 4) bring their own beddings / linens; and 4) bring their own instrument and official apparel of their sports event. MAPEH Supervisors are requested to submit a list with the names of their division participants to the ESSD Office on or before December 19, 2017.

4. Travel, per diems and other incidental expenses of all participants including DepEd Facilitators / Speakers shall be charged to division/school local SEE/MOOE or any available funds while 3 meal provisions and 2 snacks per day, training kits and materials and allowance of Resource Speakers shall be charged to Regional Palaro / HRTD or any available funds subject to accounting and auditing rules and regulations. First meal to be served will be breakfast on December 26, 2017 while last meal will be PM snacks on December 29, for Non-Combative Events and December 30, for Combative Events, respectively. Inasmuch as December 26 was declared a holiday, DepEd personnel / employees are authorized to claim compensatory time credits / off (CTO) or service credits.

5. Immediate dissemination of this Memorandum is desired.

Juliet A. Jeruta
JULIETA A. JERUTA, Ph.D., CESO V
Director III
Officer-In-Charge

ESSD
Office of the Director (ORDir), Tel. Nos.: (032) 231-1433; 231-1309; 414-7399; 414-7325; Office of the Assistant Director, Tel. No.: (032) 255-4542
Field Technical Assistance Division (FTAD), Tel. Nos.: (032) 414-7324 Curriculum Learning Management Division (CLMD), Tel. Nos.: (032) 414-7323
Quality Assurance Division (QAD), Tel. Nos.: (032) 231-1071 Human Resource Development Division (HRDD), Tel. No.: (032) 255-5239
Education Support Services Division (ESSD), Tel. No.: (032) 254-7062 Planning, Policy and Research Division (PPRD), Tel. Nos.: (032) 233-9030;
414-7065 Administrative Division, Tel. Nos.: (032) 414-7326; 414-4367; 414-7366; 414-7322; 414-4367
Finance Division, Tel. Nos.: (032) 256-2375; 253-8061; 414-7321

"EFA 2015: Karapatan ng Lahat, Pananagutan ng Lahat"

REGIONAL TRAINING PROGRAM AND ACCREDITATION IN SPORTS COACHING
December 26-29, 2017, City of Naga Sports Center, City of Naga, Cebu

MANAGEMENT TEAM

Program Director	Dr. Juliet A. Jeruta, Regional Director
Chief Program Manager	Dr. Luz C. Jandayan, Chief, ESSD and QAD
Asst. Program Managers (M&E Group)	Dr. Adeline C. Luarez, RSAC Chairperson / NSAC Member All 19 Division MAPEH Supervisors / Sports Coordinators
Training Coordinators	Dr. Leah B. Apao, Chief, FTAD / HRDD Mr. Victor V. Yntig, Chief, Admin Services Division Mr. Misael G. Borgonia, EPS, HRDD Dr. Berna J. Ysulan, PDO-IV, ESSD
Finance Manager	Mr. Aniano T. Bautista, Jr. Chief, Finance Division
ICT / Resource Staff	Engr. Noemi C. Guillen, Engr. Char May D. Yngayo, Engr. Mary Danielle Hipe, Mrs. Grace B. Espos, Ms. Norien A. Mercado

WORKING COMMITTEES

Registration

Adeline C. Luarez
Norien A. Mercado
Loida Allego
Maria Nessa Tio-Espina
Brigith C. Jugasan

Ways and Means

Cirilo Calatrava
Ranilo Edar
Faviolito Alberca
Elizalde Tangoan
Brendo Torres

Accommodation / Playing Venues / Equipment

Alberto Aurestila
City of Naga Division Sports Coordinators
Earl Aso

Documentation

Johnnyline P. Jagdon
Brigolito Brigoli
Amiele Yngayo

Program (Opening & Closing) / Socials

Nenita Jaralve
Valentin L. Jacobe
Rosenie Saraña
Deo Aton III

Food Committee

Grace B. Espos
Mayonito Abaquita
Philip Nacario
Niño Matillano
Ardale Bayawa

Transportation

Alberto Aurestila
Alberto Lacang
Allan Tabio
Andrito Bajardo
Arturo Adriatico, Jr.
Elizalde Tangoan

Medical

Dr. Berna J. Ysulan
Ms. Janice S. Tomimbang
Dr. Josephine D. Valencia
Dr. Melissa M. Paradela
Ms. Arsenia Bumaya
Ms. Jocelyn Lataza

Certificates / Handouts

Allan Villacampa
Norien Mercado
Noemi Guillen
Char May Yngayo

QAME / Process Observers

Emerson Degamo
Rican Montejo
Renezar Ferolino
Jemelou Dakay

REGIONAL TRAINING PROGRAM AND ACCREDITATION IN SPORTS COACHING
December 26-30, 2017, City of Naga Sports Center, City of Naga, Cebu

List of Resource Speakers / Facilitators

Plenary Session:

1. Kris Mishael Padlan Junasa
 - BS in Sports Science, UST
 - Sports Science Officer of the Province of Davao Del Norte
 - Certified Strength and Conditioning Coach, Australian Strength and Conditioning Association (ASCA), Australian Sports Commission (ASC), Australian Government
 - Certified Level 1 International Athletics Association Federation (IAAF)
2. Atty. Leslie Joie Babatuan
 - DepED Region VII Legal Officer / Attorney IV
3. Dr. Grace B. Espos
 - Registered Nutritionist-Dietitian, DepED Region VII

Sports Event	Name	Division	No.
Archery	Heracleo Patrimonio	Dumaguete City	2
	Rowel Merto	Dumaguete City	
Arnis	Noel B. Daculan	Mandaue City	3
	Lucio Beduya, Jr.	Mandaue City	
	Jude Gelig	Cebu City	
Athletics	Arturo Punay	Cebu Province	6
	Elberto Banzon	Cebu City	
	Daniel Noval	Cebu City	
	Ernesto Ybañez	Cebu City	
	Priscilliano Capangpangan	Mandaue City	
	Angel Sical	Cebu City	
Badminton	Melanie E. Tecson	Cebu City	3
	Edward Luke Paulin	Cebu Province	
	Mark Sierras	Danao City	
Baseball	Luciano Inting	Bohol	2
	Beltran Aragon	Cebu Province	
Basketball	Exequiel Cifra	Bohol	4
	Aurelio Eslawan	Mandaue City	
	Bonifacio Ejercito	Cebu City	
	Elmer Cabahug	Private Trainor	
Billiards	Omar Ylanan	Cebu City	1
Boxing	Benjamin Tiongzon	Mandaue City	3
	Nathaniel Toradio	Bohol	
	Peter Cuizon	Mandaue City	
Chess	Felix Poloyapoy, Jr.	Cebu City	3
	Mark Kevin Angtud	Cebu City	
	Romeo Poloyapoy	Toledo City	
Football	Juan Torregosa	Bohol	3
	Francis Ramirez	Cebu City	
	Tomasito Glenn Ramos	Cebu City	

Futsal	Ruben Tejano	Cebu Province	2
	Pinky Estrada	Cebu City	
Gymnastics MAG	Celso Mayol	Mandaue City	1
	Gymnast Demonstrators		4
Gymnastics WAG	Rowena Mayol	Mandaue City	2
	Randyl June Villarosa	Cebu City	
Gymnastics RG	Lussel Intrina	Talisay City	2
	Lovely Rose Adlawan	Mandaue City	
Sepak Takraw	Deni Kent mariot	Cebu City	2
	Mario Gicain	Cebu City	
Softball	Rosalinda Butcon	Bohol	3
	Maida Credo	Cebu City	
	Jackson Genolaga	Cebu City	
Swimming	Artemio Palma	Bohol	2
	Sherlito Saliste	Bohol	
Table Tennis	Joseph Lincuna	Bohol	2
	Jessica Honoridez	Cebu City	
Taekwondo	Edsel M. Ursal	Cebu Province	4
	Grace Arnibal	Cebu City	
	Amiel Villarmente	Cebu Province	
	Gerald Paglinawan	Cebu City	
Tennis	Rene Borgonia	Cebu Province	4
	Normando Panilag	Cebu City	
	Robbie Soquiño	Cebu City	
	Martin Tavera	Bohol	
Volleyball	Jonathan Goyeneche	Bohol	3
	Columbus Patentes	Cebu City	
	Noel Bayno	Dumaguete City	
Wrestling	Rolando Rondes	Cebu City	1
Wushu	Osias R. Cartagena, Jr.	Cebu City	1
DEMO SPORTS:			
DanceSports	Crisaldo Rendon	Cebu City	2
	Marc Ladaran	Cebu City	
Pencak Silat	Robrien Elnar	Negros oriental	1
Aerobics Gymnastics	Armando V. Asuncion	PGA, National Coach	2
	Psyche Mascardo	Dumaguete City	
SPED:			
BOCCE	Prescila Labajan	Cebu City	1
Goal Ball	Elenita Retiza	Mandaue City City	1
	Maria Delia Miñoza	Mandaue City	1
Swimming	To join with Swimming regular event		
Athletics 15 & Below 16 & Above	To join with Athletics regular event		

REGIONAL TRAINING PROGRAM AND ACCREDITATION IN SPORTS COACHING
 City of Naga, Cebu
 December 26-30, 2017

PROGRAM MATRIX

Time	Day and Particular Activities		Day and Particular Activities		Day and Particular Activities		Day and Particular Activities	
	December 26, 2017		December 27, 2017		December 28, 2017		December 29, 2017	
6:00 – 7:00 A.M.	Arrival and Registration		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	
7:00 – 8:00 A.M.			Break-Out by Event / Pre-Test	Physical Fitness	Physical Fitness			
8:00 – 9:00 A.M.	Opening Program Amenities: National Anthem Prayer Regional Hymn Welcome Message Presentation of Participants by SDOs Rationale and Mechanics Plenary Sessions:		Life Skills	Basic Training and Skills Demonstration	Basic Training and Skills Demonstration		Practicum: Skills Demonstration For Non-Combative Sports	
			Technical Duties and Functions of a Coach	By Event Resource Speakers and Facilitators	By Event Resource Speakers and Facilitators		Continuation of Basic Training for Combative Sports	
			Rules and Laws of the Game					
			Interpretation of the Rules of the Game					
9:00 – 10:00 A.M.	Sports Psychology and Philosophy By Kris Mishael P. Junasa							
10:00 – 11:00 A.M.	Ethical Rights and Legal Responsibilities of a Coach By Atty. Leslie Joie Babatuan		By Event Resource Speakers and Facilitators				Recapitulation / Clearing House For Non-Combative Sports	
11:00 – 12:00 NN								
12:00 – 1:00 P.M.	Lunch Break		Lunch Break	Lunch Break	Lunch Break	Lunch Break	Lunch Break	
1:00 – 2:00 P.M.	Strength Training & Conditioning By Kris Mishael P. Junasa		Coaching Method	Continuation on Basic Training and Skills Demonstration	Continuation on Basic Training and Skills Demonstration		Post-Test for Non-Combative Sports	
2:00 – 3:00 PM								
3:00 – 4:00 P.M.	Sports Injury Prevention Management and Approach Guidelines By Kris Mishael P. Junasa		Coaching Technique and Strategies				Practicum: Skills Demonstration for Combative Sports	
4:00 – 5:00 P.M.	Sports Nutrition By Grace B. Espos		By Resource Speakers and Facilitators				Closing Program for Non- Combative Sports	
5:01 – 6:00 P.M.								
6:00 – 7:00 P.M.	Dinner		Dinner	Dinner	Dinner	Dinner	Dinner	
Debriefing: Program Management Teams, Facilitators, Process Observe								