

Republic of the Philippines  
Department of Education  
Region VII, Central Visayas



## DIVISION OF CEBUPROVINCE

Sudlon, Lahug, CebuCity

January 24, 2018

### DIVISION MEMORANDUM

No. 069, s. 2018

#### **“HEART TO H.E.A.R.T TALK” PROGRAM OF COMMISSION ON POPULATION-REGION VII**

**To:** Assistant Superintendents  
Education Program Supervisors/Coordinators  
District Supervisors/OICs  
Secondary School Heads

1. For information and guidance of all concerned, attached is Regional Memorandum No. 0045, s. 2018 dated January 23, 2018, entitled **“Heart to H.E.A.R.T Talk Program of Commission on Population-Region VII”**, an activity which intends to educate High School students the importance of delaying sexual debut and fight shy early encounters to avoid getting pregnant at a young age.
2. For more information, please refer to the attached communication.
3. Immediate and widest dissemination of this Memorandum is desired.

  
**RHEA MARIA ANGTUD, Ed. D., CESO VI**  
Schools Division Superintendent

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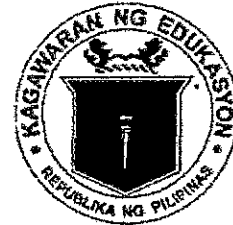
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REPUBLIKA NG PILIPINAS  
REPUBLIC OF THE PHILIPPINES  
KAGAWARAN NG EDUKASYON  
DEPARTMENT OF EDUCATION  
REHIYON VII, GITNANG VISAYAS  
REGION VII, CENTRAL VISAYAS  
Sudlon, Lahug, Cebu City



REGIONAL MEMORANDUM  
No. 0045, S. 2018

JAN 23 2018

**"HEART TO H.E.A.R.T TALK" PROGRAM OF COMMISSION ON POPULATION-REGION VII**

TO : **ALL SCHOOLS DIVISION SUPERINTENDENT  
ALL OTHERS CONCERNED**

1. The Commission on Population-Region VII will again run there "HEART TO H.E.A.R.T TALK" PROGRAM all-year round starting on February 2018;
2. This activity intends to educate High School students the importance of delaying sexual debut and fight shy early encounters to avoid getting pregnant at a young age through film showing and short discussions in line with the mantra "learning while having fun";
3. For more details, attached is the communication from the COMMISSION ON POPULATION-REGION VII;
4. Immediate and wide dissemination of this Memorandum is desired.

*Juliet A. Jeruta*  
**JULIET A. JERUTA, PH.D., CESO IV**  
Director III  
OIC-Regional Director

Office of the Director (ORDir), Tel. Nos.: (032) 231-1433; 231-1309; 414-7399; 414-7328; Office of the Assistant Director, Tel. No.: (032) 255-4542  
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Finance Division, Tel. Nos.: (032) 256-2375; 253-8061; 414-7321

*"E3Q 2015: Karapatan ng Lahat, Pananagutan ng Lahat"*



Republic of the Philippines  
Department of Health

**COMMISSION ON POPULATION – REGION VII**  
*Empowering Filipino Families*

January 8, 2018

**Dr. Juliet A. Jeruta, Ph.D.**  
Director III, Regional Director  
Department of Education Region VII

*Greetings and Happy New Year!*

I know it has been a rough yet a very productive year for both of our offices, but I am so proud to say that we have handled it strongly. We have reached a mass amount of adolescents and we're able to create more awareness because of your full support and cooperation. This year, we hope to continue that partnership with you.

If you could remember last year, we've launched the program "Heart To HEAR Talk"; it was a brainchild program of POPCOM VII, and it was replicated all-over the country. "Heart to H.E.A.R.T. Talk" is a program created to talk about the current HEART issues of our adolescents, namely:

- H – HIV/AIDS/STI
- E – Early Sexual Encounters
- A – Adolescent Sexuality
- R – Reproductive Health and
- T – Teenage Pregnancy Prevention

Because of the memorandum you've released last year, we've reached around 20,000 students and around 121 Heart to Heart Talk Sessions in various schools in the region. This success won't be made possible without your commitment and support to our Adolescent Health and Development Program and we thank you for that.

This year, we plan to continue the program and instead of doing it just on February, it will now be implemented all-year round to reach out to even more adolescents and youth. This activity intends to educate High School students the importance of delaying sexual debut and fight shy early sexual encounters (premarital sex) to avoid getting pregnant at a young age and avoid acquiring HIV and other sexually transmitted infections (STI). It will just be a 2 hour session composed of film showing and short discussions, still in lined with our mantra "*learning while having fun*".

In line with this, we would once again ask for your support. The memorandum that you've created last has really played a vital role in the attainment of the campaign.

The assistance that we will only needing from the participating/interested school/s is a classroom, preferably an audio visual room or computer lab, and the student participants.



Republic of the Philippines  
Department of Health

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**COMMISSION ON POPULATION – REGION VII**  
*Empowering Filipino Families*

For their schedule confirmation and inquiries, please let them contact our POPCOM Representative, Mr. Carl Dave Ang at 0936-972-6651/ 0923-827-5797 or email us at [popcom\\_7@yahoo.com.ph](mailto:popcom_7@yahoo.com.ph).

Thank you for your unwavering support to the young people and to our youth program.  
More Power!

Sincerely

**ATTY. BRUCE N. RAGAS**  
Regional Director