

Republic of the Philippines
Department of Education
Region VII, Central Visayas
DIVISION OF CEBU PROVINCE
Sudlon , Lahug , Cebu City



June 25, 2018

DIVISION MEMORANDUM


No. 412 , s. 2017

TO: Assistant School Division Superintendents
SGOD/CID Chief
Division Coordinators
School Health Division Personnel
PSDSs
Elementary and Secondary School Heads

**LAUNCHING/IMPLEMENTATION OF ONE HEALTH WEEK
OPLAN KALUSUGAN (OK sa DepEd) AND SUSTAINANCE OF THE PROGRAM**

1. The **Bureau of Learners Support Services** of the Department of Education through **School Health Division** and this Division spearheaded the launching and implementation of **ONE HEALTH WEEK Oplan Kalusugan sa DepEd (OK sa DepEd)** and its sustainance of the program comes **July 9 – 16, 2018** and onwards, nationwide and enjoining all schools, both Elementary and Secondary to actively participate and coordinate with identified partners.
2. Thus, DepEd launches the **Oplan Kalusugan sa DepEd** which is a convergence of DepEd's health programs, plans, policies, and activities for effective and efficient implementation at the school level in partnership with various stakeholders. **OK sa DepEd** shall focus on DepEd's major **School Health Programs** such as the **School-Based Feeding Program (SBFP)**, **National Drug Education Program (NDEP)**, **Adolescent Reproductive Health (ARH)**, **Water, Sanitation and Hygiene (WASH)**; and **WASH in School (WinS)**; **Medical, Dental, and Nursing Services**.
3. Generally, **OK sa DepEd** shall redound towards improving school performance through learning indicators of the learner such as improve attendance and class participation, improve completion and achievement levels, and reduced drop-out. Thus, it strengthens DepEd's effort to contribute to the attainment of the Sustainable Development Goals in the Philippines.

4. For this reasons, you are hereby directed to comply the guidelines, policies, and activities of this program as stipulated in Regional Memorandum No. 0463, s. 2018. (Attached thereto).
5. Wide dissemination and implementation of the Memorandum is desired.
6. For strict compliance.


RHEA MAR A. ANGTUD, Ed.D., CESO VI
Schools Division Superintendent







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KAGAWARAN NG EDUKASYON
DEPARTMENT OF EDUCATION
REHIYON VII, GITNANG VISAYAS
REGION VII, CENTRAL VISAYAS
Sudlon, Lahug, Cebu City



REGIONAL MEMORANDUM
No. 0463, s. 2018

JUN 25 2018

TO : SCHOOLS DIVISION SUPERINTENDENTS
FROM : DIR. JULIET A. JERUTA
SUBJECT : OPLAN KALUSUGAN SA DEPARTMENT OF EDUCATION (OK sa DepEd)
ORIENTATION
DATE : June 22, 2018

1. World Health Organization (WHO), a country's investments for an effective school health program is considered to be a cost-effective investment as it simultaneously improves health and education. Many of the current and future causes of death, diseases and disability can be significantly reduced by detecting highly vulnerable individuals in the Department of Education preventing unhealthy behaviors and identifying and referring sick and malnourished schoolchildren to receive health care while in school. Early detection is critical thus school administrators, staff and teachers are in a position to identify nutrition and hygienic issues, substance abuse, and risky sexual behavior.
2. In response, the Bureau of Learner Support Services (BLSS)-School Health Division (SHD) implements several health and nutrition programs to maintain and improve the health of schoolchildren and personnel through the prevention and control of diseases and the promotion of health-related knowledge, attitudes, skills and practices. Thus, DepEd will be launching the Oplan Kalusugan sa Department of Education (OK sa DepEd) which is a convergence of DepEd's health programs, plans, policies and activities for effective implementation at the school level, in partnership with various stakeholders. OK sa DepEd aims to promote and provide all learners and DepEd personnel with a sustainable holistic school health program towards better learning and outcomes.
3. In this connection, orientation for the health personnel, school heads and health program focal persons should be conducted and to be spearheaded by your division medical officer in preparation for the week-long launching which will be on July 9-16, 2018. Orientation schedule be done at a favorable date before the launching week. Downloaded amount of Php 50,000.00 from DepEd Central Office will be use for the launching activities.
4. Attached herewith are the 5 main strategies that will direct the efforts to implement the program and the suggested list of activities for the 5-day schedule/program.
5. For your information and guidance, immediate dissemination and compliance.

Juliet A. Jeruta
JULIET A. JERUTA, Ph.D, CESO V
Director III
Officer-In-Charge

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"ESQ 2015: Karapatan ng Lahat, Pananagutan ng Lahat"



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HOW WILL OK SA DepED BE IMPLEMENTED

1. "OK sa DepEd" ALL IN ONE HEALTH WEEK (twice a year, in JULY and in JANUARY)

JULY (OPENING OF CLASSES) – 1 WEEK

- A. Orientation on policies, guidelines and evaluation tool for personnel, PTA, and partners on the conduct of deworming, immunization, school-based feeding, random drug testing, medical, dental check-ups and other school health programs as well as on parental consent and data gathering with emphasis on the importance of a reliable and updated database;
- B. Conduct of school health service activities such as medical and dental check-up screening, vision and hearing testing;
- C. Checking the facilities and other resources needed in the conduct of school-based health service delivery such as kitchens, canteens, clinics, WinS facilities, school gardens, and teen hubs, among others;
- D. Coordination with the partners to finalize deliverables and schedules of joint health activities for the school year such as deworming and deworming tablets, and school feeding baseline and endline data, among others;

JANUARY (AFTER HOLIDAY BREAK) – 1 WEEK

- A. Evaluation of the entire package of health-related school-based programs and services as well as program management;
 - B. Determination of whether deliverables are served on time and in good quality;
 - C. Evaluation of the database for reliability, accuracy, and being updated to ensure effective program management;
 - D. Determination of the challenges and gaps as well as best practices in program implementation and health service delivery, formulation of program adjustments and interventions as needed.
2. **ESTABLISH REFERRALS AND LINKAGES WITH EXISTING PROVIDERS AND FACILITIES OPERATED BY DOH, LGUs, PRIVATE AND NGO-OPERATED HEALTH FACILITIES TO PROVIDE IMMEDIATE HEALTH SERVICES TO SCHOOL CHILDREN.**
 3. **INCORPORATE HEALTHIER BEHAVIORS IN REGULAR SCHOOL AND CLASS ACTIVITIES, SUCH AS, WASHING OF HANDS BEFORE RECESS AND LUNCH, DAILY TOOTHBRUSHING AFTER RECESS AND LUNCH.**
 4. **ESTABLISH AND DISSEMINATE ANNUAL CALENDAR OF HEALTH ACTIVITIES.**
 5. **DOCUMENT "OK sa DepEd" HEALTH PROGRAM SUCCESS STORIES AND PUBLISH IN LOCAL AND NATIONAL DAILIES ("TELLING OUR STORIES").**

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"EFA 2015: Itanapatan ng Lahat, Pananagutan ng Lahat"



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DepEd "ALL IN ONE HEALTH WEEK" suggested list of activities for the 5-day schedule/program

Day 1 AM Parade and launching the DepEd "All in One Health Week" program with local government unit chief executive as honored guest. Other guest may include LGU heads of office from the Rural Health Units (RHU), social welfare (DSWD), Agriculture (DA), PTA, Barangay Officials, NGOs, and other community organizations.

PM Provision of medical and dental check-up for schoolchildren and school staff; provision of hygiene kits, toothbrushes and toothpastes.

Day 2 AM Provision of height and weight screening in line with the baseline data gathering for enrolling malnourished schoolchildren to the School-Based Feeding Program and to continue until the 5th day;

PM Conduct of vision and hearing screening tests; provision of health education materials- brochures, pamphlets, etc.;

Day 3 Slogan and Poster Making Contest, Preparation of Gulayan sa Paaralan garden location, cleaning, clearing and planting of which to continue until the 5th day;

Day 4 Mass Deworming (in coordination with LGU-RHU), Follow-up incomplete immunizations (in coordination with LGU-RHU);

Day 5 On-site drug testing for selected schools
Oral Health Promotion activities

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