

November 27, 2018

#### **DIVISION MEMORANDUM**

846 s. 2018

#### GUIDELINES IN THE CONDUCT OF THE DANCE SPORTS COMPETITION

**Assistant Superintendents** To:

Chiefs, CID/SGOD

Education Supervisors/Coordinators

District Supervisors/OICs

Elementary and Secondary School Heads

Heads, Private Elementary and Secondary Schools

- In preparation for the smooth conduct of the 2018 Dance Sport Competition, this Office hereby issues the guidelines to be adhered to by all the coaches from Municipalities with entries in said event.
- 2. PSDSs, School Heads and coaches are enjoined to follow strictly the guidelines.
- In line with said preparation, all Dance Sport Coaches from the identified Municipalities with entries are directed to attend the One-Day Conference on November 29, 2018 at 9:00 in the morning at the CID Office.
- 4. The following Districts are identified to have entries in Dance Sports.

# **Elementary**

- 1. Asturias
- 2. Balamban
- 3. Carmen
- 4. Catmon
- 5. Compostela
- 6. Consolacion
- 7. Cordova
- 8. Daanbantayan 9. Dumanjug
- 10. Minglanilla
- 11. San Remegio
- 12. Sibonga

## Secondary

- 1. Asturias
- 2. Balamban
- 3. Barili
- 4. Carmen
- 5. Catmon
- 6. Compostela
- 7. Cordova
- 8. Daanbantayan
- 9. Ginatilan
- 10.Liloan
- 11.Medellin
- 12.Minglanilla
- 13.Moalboal
- 14.Oslob
- 15.Pinamungajan
- 16.San Fernando
- 17.San Remegio
- 18.Sibonga
- 19.Sta. Fe
- 20.Tuburan

5. The Conference will be handled by the following:

Mrs. Janeth Amarillo
 Mr. Dionisio Aton III
 TM

Mrs. Nenita G. Jaralve
 EPSVR-MAPEH

6. Copies of the General Guidelines, Official Entry Form and Dress Regulation for both Junior and Juvenile is attached hereto.

- 7. PSDSs and School Heads of concerned coaches and TMs are enjoined to ensure their attendance and make sure that their classes are well-taken care of.
- This Memorandum serves as Authority to Travel of the participants.
- 9. Traveling and other incidental expenses incurred by the participants in their attendance to said conference shall be chargeable against Local School MOOE/SEF and other funds, subject to the usual accounting and auditing rules and regulations.

10. Immediate and wide dissemination of this Memorandum is directed.

RHEA MAR A. ANGTUD, Ed. D., CESO VI Schools Division SuperintendentDate: January 7, 2019 Time: 6:00 – 10:00 PM

Venue: Carmen Cultural Center

Carmen, Cebu

#### **GENERAL GUIDELINES**

#### 1. COMPETING COUPLES:

- The competition is open to couples who won the Municipal Meet of Dancesport Competition.
- b. If no lower competition meet was held in the Municipal level, the only allowed couples to compete in the Cebu Provincial Sports Meet Dancesports Competition 2018 are those that are endorsed by their respective MAPEH Coordinators.
- Couples that are found in the official gallery forwarded by DSAC will be allowed to compete.

#### 2. TEAM COMPOSITION:

- a. Each division will be represented with a total of eight (8) competing couples:
  - i. Juvenile Level / Elementary with age bracket of (6 13 yrs. old)
    - One (1) couple will compete in grade C category (Latin American)
    - One (1) couple will compete in grade C category (Modern Standard)
    - One (1) couple will compete in grade E category (Latin American)
    - One (1) couple will compete in grade E category (Modern Standard)
  - ii. Junior Level / High School with age bracket of (14 18 yrs. old)
    - One (1) couple will compete in grade C category (Latin American)
    - One (1) couple will compete in grade C category (Modern Standard)
    - One (1)couple will compete in grade E category (Latin American)
    - One (1) couple will compete in grade E category (Modern Standard)

#### 3. EVENTS OF THE COMPETITION

- a. Each couple will compete on the following discipline (Modern Standard and Latin American) and several events. No dances other than the ones listed will be performed.
- b. Change of partners is **STRICTLY NOT** allowed.
- c. A competitor must only perform one discipline either Latin American or Modern Standard. For example, if the competitor already competes in Latin – American, s/he is not allowed to compete in the other discipline which is Modern Standard.
- d. There will be separate winners from each event.

### 4. COSTUME / DRESS REGULATIONS

- a. The dress and costumes of the competitor shall follow the international standard dress code or the ones prescribed by the National Sports Association (NSA) or the Dancesports Council of the Philippines (DSCPI).
- b. Failure to follow correct dress code or costume of each level will be disqualified.
- No change of dress or additional use of accessories or colors is permitted during any round of a competition.
- d. See attachment for more detailed information with regards to proper dress code and costume.

#### 5. MUSIC

- a. There will only be one (1) official music for each dance and it will have a time limit of 1 minute and 30 seconds.
- b. The tempo of each dances shall be:

| 28-30 beats / min             | - Chachacha       | 30-32 beats / min  |
|-------------------------------|-------------------|--|
| 31-33 beats / min             | - Samba           | 50-52 beats / min  |
| - Quickstep 50-52 beats / min |                   | 25-27 beats / min  |
|                               | - Jive            | 42-44 beats / min  |
|                               | 31-33 beats / min | 31-33 beats / min - Samba<br>p 50-52 beats / min - Rumba |

#### 1. CRITERIA FOR JUDGING

- a. The competitors will be adjudicated according to the following set of criteria:
  - i. Technical Qualities
  - ii. Movement to music
  - iii. Partnering Skills
  - iv. Showmanship and Presentation

## 2. AWARDING OF WINNERS

1st Place - Gold Medal and a Certificate

2<sup>nd</sup> Place – Silver Medal and a Certificate

3rd Place - Bronze Medal and a Certificate

All participants and Coaches will receive Certificates of Recognition and Participation.

#### 3. OTHERS:

- a. Participation in the event is entirely at the dancers' own risk.
- b. Performance of dangerous routines and highlights is not endorsed by the competition committee (and will not be reflected favorably in the scoring).
- c. Lifts are **NOT PERMITTED** in any discipline. A lift is any movement during which one members of a couple has both feet off the floor at the same time with the assistance of the other partner
- d. Identification (ID) must be word inside the venue at all times.
- e. Competitors must be present at the venue before the start of the event. Late comers may be disqualified.
- f. Decision of the board of the adjudicators is final and irrevocable.
- g. Schedule of blockings will be announced during the Coaches' meeting.

# CEBU PROVINCIAL SPORTS MEET 2018 DANCESPORTS COMPETITION

# Dress Regulation Junior

# General Guidelines:

1. No skin tones.

3. No 2 piece in costume

2. No shiny effects.

4. Dress age appropriately

|    | 2. 100 3               |  | . Dress age ap   | The state of the s |  |
|----|------------------------|--|--|--|--|
|    |                        | MALE   | FEMALE   |  |  |
| 1  | SHIRTS                 | Plain white or black<br>long sleeved, tucked in                    | White leotard or one color leotard   |  |  |
| 2  | SLEEVES                | Long only  | Short or 3/4 <sup>th</sup> or long sleeves   |  |  |
| 3  | TOP & SKIRT            |  | If the top is white, use only black skirt. If the top is colored, attach same color for skirt; same color panties. Skin color is not allowed for top or skirt. |  |  |
| 4  | PANTS                  |  | Underpants: Same color as skirt; coveri<br>fully the buttock. Skin color not allowe  |  |  |
| 5  | COLLAR                 | Simple, not oversized o<br>Turtle neck without tie                 |  | Turtle neck, closed round,<br>closed small square.   |  |
| 6  | TIE                    | Wear Black only tie or bow tie                                     |  | none   |  |
| 7  | VEST                   | Black vest allowed but n   | ot a must.   | none   |  |
| 8  | MATERIAL & DRESS STYLE | Plain, no design; no<br>materials that are shiny<br>or catch light | Plain Colored allowed, including MIX colors. No skin tone. No shiny or light effect. Two piece dresses not allowed No bikini style.                            |  |  |
| 9  | DRESS<br>ACCESSORIES   | None   | Same or mix color allowed but no lig<br>effect or no shiny materials   |  |  |
| 10 | HAIR STYLE             | If hair is long, collect in a ponytail.                            | Long hair has to be collected in a ponytail, bun, or braids. No colored hairspray.   |  |  |
| 11 | HAIR<br>DECORATION     | None   | Allowed only those with no light effect  |  |  |
| 12 | JEWELRY                | None   | Allowed only those with no light effect  |  |  |
| 13 | MAKE UP                | None   | None   |  |  |
| 14 | SOCKS                  | Wear black socks only  | Allowed are short socks & tights of skir tone. Not allowed: mesh stockings   |  |  |
| 15 | SHOE COLOR             | Black only   | Tan, beige, or one color   |  |  |
| 16 | SHOE HEELS             |  | Maximum height is 2 inches or 5 cm   |  |  |

# Dress Regulation Juvenile

#### General Guidelines:

1. If colored, only one color. No combinations. Skin tones not allowed

2. No decoration in clothing, body or hair.

|    |                              |  | MALE       | high the  |   | FEMALE   |  |
|----|------------------------------|--|------------|---|---|--|--|
| 1  | SHIRTS                       | Plain white, long sleev<br>tucked in         |            | ved,  | 1 | White leotard or one color<br>eotard                 |  |
| 2  | SLEEVES                      | Long only                                    | gonly      |   | S | Short or 3/4th or long sleeves                       |  |
| 3  | TOP & SKIRT                  |  | If the top | is white, use only black skirt. is colored, attach same color for skirt; same nties. Skin color is not allowed for top or skirt.  |   |  |  |
| 4  | PANTS                        | Plain<br>Black only                          |            | nts: Same color as skirt; covering fully the Skin color not allowed.  |   |  |  |
| 5  | COLLAR                       | Correct shi<br>with tie or I<br>Other desig  | bow tie    | small square. Closed  |   | urtle neck, closed round, closed mall square. Closed |  |
| 6  | TIE                          | Wear Black                                   | only tie o | or bow tie none   |   | none   |  |
| 7  | VEST                         | Not allowed                                  | d          | none  |   | one  |  |
| 8  | MATERIAL<br>& DRESS<br>STYLE | Plain, no de<br>materials th<br>shiny or cat | nat are    | Plain, no design; no materials that are shir<br>or catch light.<br>Skirt must not be shorter than 3 % inches<br>10 cm above knee. Skirt must not be long<br>than below knee cap. Skirt must have no<br>boning or frilling. No bigger underskirts. |   |  |  |
| 9  | ACCESSORIES                  | None   |            | None  |   |  |  |
| 10 | HAIR STYLE                   | If hair is lon<br>into a pony                | -          | Long hair has to be collected in a ponytail, bun, or braids. No colored hairspray.  |   |  |  |
| 11 | HAIR DECOR                   | None   |            | None.   |   |  |  |
| 12 | JEWELRY                      | None   |            | None  |   |  |  |
| 13 | MAKE UP                      | None   |            | None  |   |  |  |
| 14 | SOCKS                        | Wear black<br>only                           | socks      | White or one color short socks only. Tights only skin tone. No mesh   |   |  |  |
| 15 | SHOE COLOR                   | Black only                                   |            | Tan, beige, or one color.   |   | r one color.   |  |
| 16 | SHOE HEELS                   | Block style<br>Height max<br>2.5cm           | imum is 1  | Block or pump or cuban style mum is 1 inch or Maximum height is 1 ½ inches 3.5 cm   |   |  |  |



Junior C Standard W T Q Secondary Level

Junior E Standard Waltz Secondary Level

Junior E Standard Tango Secondary Level

Junior E Standard Quickstep Secondary Level



DANCESPORT COMPETITION
CARMEN, CEBU
January 7, 2019

OFFICIAL ENTRY FORM

FEMALE 1.5x1.5 Picture

| Date of Entry:                             |  |   |                          |  |  |  |
|--|--|---|--------------------------|--|--|--|
| Division:                                  |  |   |                          |  |  |  |
| School:                                    |  |   |                          |  |  |  |
| Male:<br>(Last Name, Given Name, MI)       |  | Female<br>(Last Name, Given Name, MI)   |                          |  |  |  |
| Date of Birth: Ag                          | ge: Date                                   | of Birth:                               | Age:                     |  |  |  |
|  |  | _ Contact No.: Email Address:           |                          |  |  |  |
|  |  |   |                          |  |  |  |
| Coach Name and Contact Number:             |  |   |                          |  |  |  |
| CATEGORIES: (please check √ appro          | opriate box)                               |   |                          |  |  |  |
| STANDARD EVENTS                            |  | LA                                      | ATIN EVENTS              |  |  |  |
| Juvenile C Standard W T Q Elementary Level |  | Juvenile C Latin S C J Elementary Level |                          |  |  |  |
| Juvenile E Standard Waltz Elementary Level |  | Juvenile E Latin Samba Elementary Level |                          |  |  |  |
| Juvenile E Standard Tango Elementary       | Juvenile E Standard Tango Elementary Level |   | Cha Cha Elementary Level |  |  |  |
| Juvenile E Standard Quickstep Elemen       | tary Level                                 | Juvenile E Latin Jive                   | Elementary Level         |  |  |  |

Elementary Level - Born 2006 or after; Secondary Level - Born 2001 or after

Junior C Latin C R J Secondary Level

Junior E Latin Jive Secondary Level

Junior E Latin Cha Cha Cha Secondary Level Junior E Latin Rumba Secondary Level

| CERTIFICATION AN | ND | WAI | VER |
|------------------|----|-----|-----|
|------------------|----|-----|-----|

We certify that all the information entered herein is correct and accurate, and shall be the basis for the qualification and approval of our participation in the appropriate competition event(s) we have registered for. We further certify that we have read the official rules of competition and shall abide by the final decision of the Organizer based on the rules. We hereby absolve the Organizer of any obligation for any injuries, damages, losses we may sustain the course of the participation and conduct of this competition.

| Male Signature: | Female Signature: |  |
|-----------------|-------------------|--|
|                 |                   |  |
|                 |                   |  |

Coach's signature over printed name