

DIVISION MEMORANDUM

No. 366, s. 2019

2019 NUTRITION MONTH CELEBRATION

TO: Assistant Schools Division Superintendents
Chiefs of CID/SGOD

Public Schools District Supervisor
Heads, Public and Private Elementary and Secondary Schools
All Others Concerned

FROM: RHEA MAR A. ANGTUD, Ed.D., CESO VI
Schools Division Superintendent

DATE: June 26, 2019

SUBJECT: 2019 Nutrition Month Celebration

1. Pursuant to Presidential Decree 491, Nutrition Month is an annual campaign to raise the citizens' awareness of good nutrition in the Philippines. It is led by the National Nutritional Council and celebrated by the nutrition committee members, partners and stakeholders, at all levels. This year's 45th observance theme is, "**Kumain Nang Wasto at Maging Aktibo... Push Natin 'To!**".

2. The Celebration aims to:


- a. increase awareness in schools that focuses the importance on the healthy diet and engage in regular physical activity and reduce sedentary behaviors;
- b. encourage schools/government agencies, non-government organizations, private sector, civil society organization and communities; to actively involved in the month-long observance such as:
 - allow few minutes a day for physical activity;
 - conduct seminars or distributing educational materials about the benefits of physical activity and how to incorporate it at the workplace;
 - encourage employees to use stairs instead elevators (for only those with no heart ailments or in good physical conditions certified by the medical officer); and
 - organize regular physical activities before classes start or after work such as dance classes

3. In support of this developmental endeavor of the nutrition community to be spearheaded by the National Nutrition Council (NNC), the Department of Education (DepEd) enjoins all schools to participate in this celebration by undertaking meaningful activities which will highlight the importance of good health and nutrition. Nutrition Month Talking Points and prototype steamer is available for download at the National Nutrition Council website.

4. However, it is emphasized, that the "Engaged Time-on-Task" policy of the DepEd should be observed as stipulated in DepEd Order No. 9, s. 2005.

5. Each school per district shall submit a **consolidated** narrative and pictorial reports on the highlights of the observance of Nutrition Month to be prepared by the school administrators and to be submitted to the Division Office on or before July 30, 2019 thru your assigned school nurse. Please see enclosure the recommended format for reporting.

6. Immediate dissemination of this Memorandum is desired.


RHEA MAR A. ANGTUD, Ed.D, CESO VI
SCHOOLS DIVISION SUPERINTENDENT

Suggested Preparations/Activities to Celebrate Nutrition Month

1. Putting up streamer or advocacy poster at the bulletin boards.
2. On July, and every after flag ceremony in the schools, the School Head shall conduct advocacy regarding the theme.
3. Conduct different contests (cooking, slogan, jingle, poster, drama, pageant, dance and other related contest base from the theme).
4. Conduct health talks/lectures related from the theme, and demonstration on vegetable processing/cooking.
5. Organize vegetable trade fair to showcase various vegetable in the school.
6. For Kick-Off or Culminating Activity a mini-parade within the school only (optional)

2019 NUTRITION MONTH

NARRATIVE AND PICTORIAL REPORT FORMAT

Division: _____

- I. Introduction
- II. Highlights of activities undertaken
- III. Summary reports submitted from schools to districts

Names of District	No, of Schools per District	No. of schools conducted Nutrition Month Activities Reports	% submitted by District
1.			
2.			
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19.			

- IV. Best Practices of at least Top 3 Districts/Schools Implementer
- V. Six (6) Pictorials per district only with captions indicating name of district highlighting the name of schools



REPUBLIKA NG PILIPINAS
REPUBLIC OF THE PHILIPPINES
KAGAWARAN NG EDUKASYON
DEPARTMENT OF EDUCATION
REHIYON VII, GITNANG VISAYAS
REGION VII, CENTRAL VISAYAS
Sudlon, Lahug, Cebu City



REGIONAL MEMORANDUM
No. 0333, s. 2019

JUN 26 2019

2019 NUTRITION MONTH CELEBRATION

To: Schools Division Superintendents
Heads, Public and Private Elementary and Secondary Schools
All Others Concerned

1. Pursuant to Presidential Decree 491, Nutrition Month is an annual campaign to raise the citizens' awareness of good nutrition in the Philippines. It is led by the National Nutrition Council and celebrated by the nutrition committee members, partners and stakeholders, at all levels. This year's 45th observance theme is, "**Kumain Nang Wasto at Maging Aktibo.. Push Natin To!**".
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 - encourage employees to use stairs instead elevators (for only those with no heart ailments or in good physical condition certified by the medical officer); and
 - organize regular physical activities before classes start or after work such as dance classes
3. In support of this developmental endeavor of the nutrition community to be spearheaded by the National Nutrition Council (NNC), the Department of Education (DepEd) enjoins all schools to participate in this celebration by undertaking meaningful activities which will highlight the importance of good health and nutrition. Nutrition Month Talking Points and prototype streamer is available for download at the National Nutrition Council website.
4. However, it is emphasized, that the "Engaged Time-on-Task" policy of the DepEd should be observed as stipulated in DepED Order No. 9, s. 2005.
5. Each Schools Division Offices shall submit a **consolidated** narrative and pictorial reports on the highlights of the observance of Nutrition Month to be prepared by the Heads of the Division Health and Nutrition and to be submitted to the Regional Office on or before August 12, 2019 thru electronic mail at e-mail address: gracehnu7@yahoo.com. Please see enclosure the recommended format for reporting.
6. Immediate dissemination of this Memorandum is desired.

JULIET A. JERUTA, Ph.D., D.CESO IV
Director IV

Office of the Director (ORDir), Tel. Nos.: (032) 231-1433; 231-1309; 414-7399; 414-7325; Office of the Assistant Director, Tel. No.: (032) 255-4542
Field Technical Assistance Division (FTAD), Tel. Nos.: (032) 414-7324 Curriculum Learning Management Division (CLMD), Tel. Nos.: (032) 414-7323
Quality Assurance Division (QAD), Tel. Nos.: (032) 231-1071 Human Resource Development Division (HRDD), Tel. No.: (032) 255-5239
Education Support Services Division (ESSD), Tel. No.: (032) 254-7062 Planning, Policy and Research Division (PPRD), Tel. Nos.: (032) 233-9030;
RDJAJ/ARDSTJ/ESSD/gbe 414-7065 Administrative Division, Tel. Nos.: (032) 414-7326; 414-4367; 414-7366; 414-7322; 414-4367
RM 2019 Nutrition Month Finance Division, Tel. Nos.: (032) 256-2375; 253-8061; 414-7321

"EFA 2015: Karapatan ng Lahat, Pananagutan ng Lahat"

(Enclosure to 2019 Nutrition Month Celebration)

Suggested Preparations/Activities to Celebrate Nutrition Month

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2019 NUTRITION MONTH NARRATIVE AND PICTORIAL REPORT FORMAT

Division: _____

- I. Introduction.
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Names of Divisions	No. of Districts per Division	No. of Schools per Districts	No. of schools conducted Nutrition Month Activities Reports	% submitted by District
1. Bogo City				
2. Bohol City				
3. Carcar City				
4. Cebu Province				
5. Cebu City				
6. Danao City				
7. LapuLapu City				
8. Mandaue City				
9. Naga City				
10. Siquijor				
11. Tagbilaran City				
12. Talisay City				
13. Toledo City				
14. Bais City				
15. Bayawan City				
16. Dumaguete City				
17. Guihulngan City				
18. Negros Oriental				
19. Tanjay City				

- IV. Best Practices of at least Top 3 Districts/Schools Implementer
- V. Six (6) Pictorials per division only with captions indicating name of district highlighting the name of schools