



Republic of the Philippines  
Department of Education  
Region VII, Central Visayas  
**DIVISION OF CEBU PROVINCE**  
Sudlon, Lahug, Cebu City



**DIVISION MEMORANDUM**



**July 16, 2019**

**NO. 409, s. 2019**

**Oplan Kalusugan (OK) sa DEPED 2019 Division Kick Off/Launching**

**TO: Assistant Schools Division Superintendents  
Chief SGOD  
Division Section/Unit Heads  
All Division Health Personnel  
PSDS  
All Elementary/Secondary School Administrators in Sogod and San Fernando 1, 2  
District**

1. Pursuant to the DepEd Order 28 s. 2018 Policy and Guidelines on Oplan Kalusugan sa Department of Education (OK sa DepEd), this office will conduct a division kick off /launching on OK sa DepEd 2019.
2. This activity aims to:
  - a. Provide efficient implementation of the OK sa DepEd programs through effective health care services to learners, teachers, non-teaching personnel and the community;
  - b. Raise awareness on the Effects of Cigarette Smoking/Vaping and attaining a Smoke Free Environment in the Division of Cebu;
  - c. Provide advocacy campaign on Immunization, WIFA, SBFP, WINS, Deworming and other DepEd Health Programs ,
3. The following are the schedules:
  - July 22, 2019 – Division Launching in Sogod district (NORTHERN CEBU).
  - July 23, 2019 – Division Launching in San Fernando I district (SOUTHERN CEBU)
  - July 24, 2019 – WINS online monitoring for 2019 in all schools (if not yet implemented)
  - July 25, 2019 – Advocacy Campaign on Immunization, WIFA, SBFP, WINS, Deworming and other DepEd Health Programs
  - July 26, 2019 – Nutrition Month Culmination activities at the School Level (Optional)
4. Attached is the program of activities
5. In this connection, all public school district supervisors in the Northern Area and all elementary and secondary school heads of Sogod District shall attend the said activity at Sogod Central Elem. School on July 22, 2019. On the other hand, all public schools district supervisors in the Southern Area and all Elementary and Secondary school heads of San Fernando I & 2 shall attend the said activity at San Fernando Central School on July 23, 2019.
6. Travelling expenses of the participants will be charged to school's MOOE while travelling expenses of the division health personnel shall be charged to division MOOE funds. Expenses for the food which include lunch, morning and afternoon snacks, tarpaulin streamers shall be charged to OK sa DEPED downloaded funds for 2019.
7. Wide dissemination and strict compliance to this memorandum is hereby directed.
8. This serve as your travel order for the participants.

  
**RHEA MARA. ANGTUD, ED. D., CESO VI**  
Schools Division Superintendent 



## PROGRAMME

- |      |                              |   |
|------|------------------------------|---|
| I.   | NATIONAL ANTHEMN             |   |
| II.  | PRAYER                       |   |
| III. | WELCOME ADDRESS              | <b>MR. VICTOR IBAÑEZ</b><br>PSDS  |
| IV.  | INTRODUCTION OF PARTICIPANTS | <b>MARIE GERRA ROSE ALEO, R.N.</b><br>Nurse II  |
| V.   | INSPIRATIONAL MESSAGE        | <b>LEAH APAO, Ed. D.</b><br>ASDS  |
| VI.  | RATIONALE AND OBJECTIVE      | <b>DR. SHEIS GADOR</b><br>Dentist II  |
| VII. | LECTURE PROPER               | <b>FRANCIS VINCENT BANOSONG, R.N.</b><br>Nurse II<br><br><b>JANN MARCON A. TUDTUD, R.N.</b><br>NURSE II<br><br><b>JOVELYN O. ESPINA, R.N.</b><br>NURSE II<br><br><b>JOHN MICHEAL GEROMO, R.N.</b><br>NURSE II |
| IX.  | CLOSING REMARKS              | <b>MR. NECITO GADOR</b><br>Principal  |

HOSTS:

**VAN BRANDON A. ABATAYO, R.N.**  
**MARY HAZEL B. TAÑEDO, R.N.**



## PROGRAMME

I.	NATIONAL ANTHEMN	
II.	PRAYER	
III.	WELCOME ADDRESS	<b>Mr. Nestor Molde</b> PSDS - SOGOD
IV.	INTRODUCTION OF PARTICIPANTS	<b>MS. NAMUE DELA S. DELA TORRE</b> Nurse II
V.	INSPIRATIONAL MESSAGE	<b>DR. CARTESA M. PERICO</b> ASDS- In Charge of SGOD
VI.	RATIONALE AND OBJECTIVE	<b>DR. GLYNNIS GUINOCOR</b> Dentist in charge
VII.	LECTURE PROPER	<b>MR. REYNALDO A. PAYOT</b> Nurse II  <b>IVY B. DIEZ</b> Nurse II  RHU Representative  PNP Representative
IX.	CLOSING REMARKS	<b>MIRAFLORES PRESILLAS</b> Principal - SOGOD CES

HOSTS:

**MA. LUDEE ERMAC, R.N.**  
**MA. THERESA CABAÑERO, R. N.**



Department of Education  
Region VII, Central Visayas  
DIVISION OF CEBU PROVINCE  
Sudlon, Lahug, Cebu City



## ACTIVITY DESIGN FOR OPLAN KALUSUGAN SA DEP-ED (OK sa Dep-Ed)

### I. Oplan Kalusugan Launching 2019

### II. Objective

\* Dep-Ed launches Oplan Kalusugan sa Dep-Ed which is a convergence of Dep-Ed's health programs, plans, policies, and activities for effective and efficient implementation at the school level in partnership with various stakeholders.

### III. Expected Output

Bureau of Learners Support Services (Medical, Dental, Nursing) will be able to launch the different health programs to all schools in the entire district of Cebu Province Division

### IV. Resources

Tarpaulin, certificates, handouts, forms, sound system, decoration materials  
snacks and lunch

### V. Committee

#### Flow of Program

CASTRO  
DIEZ

#### Program, Invitation, Documentation Committee 1

AMAL  
MUELA

#### Food Committee

AMAL  
MUELA

#### Letter of Invitation to:

RHU  
PNP  
MAYOR  
BRGY. CAPTAIN  
PTA FEDERATION OFFICERS  
PSDS 1  
SCHOOL HEADS OF COMPOSTELA  
FAT TEACHERS OF DISTRICT  
BRGY. CAPTAIN  
PTA FEDERATION OFFICERS  
PSDS 1  
SCHOOL HEADS OF COMPOSTELA  
FAT TEACHERS OF DISTRICT

VI. DIFFERENT TEAMS

Team 1 - SBFP PROGRAM

Target Grade (Kinder, Grade I, II, III)

Health assessment:

Chairman: **Payot**  
Members: Janine, Denise

Ht. and Wt.

Chairman: **Joy Mari**  
Members: Oliva, Mea

Deworming

Chairman: **Amal**  
Members: Muela, Gelie An

Vision Testing

Chairman: **Santos**  
Members: Joy, Bullo

Team 2 NDEP

Target Grade (Grade VI)

Chairman: Diez  
Members:

Activity:

Castro, Gamutin, Dolalas, Claire, Ian, Donna  
Lecture, Mini Symposium, Film Showing

Team 3 ARH

Target Grade (IV, V)

Chairman: delaTorre  
Members: Pesiao, Chavez, Claudette, Canama,  
Florabel, Ermac, Ruzzel

Activity:

Lecture, Mini Symposium, Film Showing

Team 4 WINS & MEDICAL/DENTAL/NURSING

Chairman: Dr. Tantuico/Dr. Guinocor  
Members: Dentist, Dental Aide, Nurses

Activity:

Health Inspection, Treatment, Referral,  
Oral Examination, Tooth Extraction,  
Handwashing, Toothbrushing, Inspection of  
school plant sanitation/water source/water  
supply

## **OPLAN KALUSUGAN SA DEPED LAUNCHING (Southern Cebu Area)**

**Venue: San Fernando CES**

**July 23, 2019**

### **Health service/health assessment/Deworming Activities**

- Tabalin
- Buenconsejo
- Tamayo, Malagar
- Cole, Enad

### **Vision test**

- Tudit
- Yanson, H.

### **Hearing test**

- Goya
- Agramon

### **Hygiene practices / Tobacco Control**

- Garciano, L. Ornopia
- Geromo

### **Dengue awareness Campaign**

- Espina, Ocampo

### **ARH grade 5, 6, 7-12 /HIV/ Teenage Pregnancy/Deworming Lecture**

- Banosong
- Aleo
- Alpuerto

### **Dental lectures**

- South dental team

Lectures on handwashing/tooth brushing, activities/dental services, dental team/supervise handwashing and tooth brushing activities

Monitoring canteen management/feeding activities/provision/guidance on the selling/food and beverages choices at school----M. Perales

**Documentation:** Malagar

**Mental Health Program Lecture:** Hazel Tanedo, Omandam

**Committees:**

**Certificates (appreciation/appearance/token), program invitation**

- Abatayo, Yanson & Tudit

**Flow of program**

- Perales
- Alveola

**Food committes**

- Alveola/Mangana

**Invitation Committee**

- Jovilyn Espina , Jann Tudit

**Letter of invitation to:**

- RHU
- PNP
- Mayor
- Brgy. Captain
- PTA President

## PROGRAM FLOW

### **LAUNCHING OF OK SA DEPED**

7:30 -7:45 - Assembly Time (San Fernando CES)

7:45 - 9:00 - Parade Proper (From San Fernando CES ...)

9:00 - 9:05 - Opening Prayer

9:05 - 9:10 - Lupang Hinirang

9:10 - 9:15 - Sugbo Hymn

9:15 - 9:30 - Welcome Address (PSDS 1)

Message from SDS or her representative

9:30 - 10:00 – Introduction of Nurses and Overview of Ok sa DepEd Program

10:00 - 10:10 - Message from the Mayor

10:10 - 10:20 - Message from San Fernando MHO/RHU representative

10:20-11:45 - Update on Tobacco Control Program

11:45. 11:50 - message from San Fernando Central school principal

### LUNCHTIME

1:00 - Onwards - Simultaneous implementation of OK sa DepEd program

need 7/8/19

for booked - up July, 2019



REPUBLIKA NG PILIPINAS  
REPUBLIC OF THE PHILIPPINES  
KAGAWARAN NG EDUKASYON  
DEPARTMENT OF EDUCATION  
REHIYON VII, GITNANG VISAYAS  
REGION VII, CENTRAL VISAYAS  
Sudlon, Lahug, Cebu City



July 1, 2019

LETTER OF OBLIGATIONAL AUTHORITY  
RO VII-19-067

The Schools Division Superintendent  
Division of Cebu Province  
Sudlon Lahug, Cebu City

This is to **Transfer Allotment** in the amount of **PESOS: SIXTY EIGHT THOUSAND ONLY (P 68,000)** with the following details:

Fund Code	:	'01101101
Program/Activity	:	200000100006000- Current-Learners Support Program
Reference	:	OSEC-7-19-1432
Date	:	May 31, 2019
Fiscal Year	:	2019
Allotment Class	:	Maintenance and Other Operating Expenses (MOOE)
Account Code	:	5021407000
Account Name	:	Subsidy to Regional Officer/ Staff Bureaus
Purpose	:	To transfer funds to cover expenses for the Implementation of Oplan Kalusugan (OK) sa DepEd for CY 2019

The above sub-allotments have been made available for expenditures of the division/school. It is your primary responsibility to keep expenditures within the limits of the amount transferred. Pursuant to Section 41, Book VI of Executive Order No. 292, the incurrence of overdrafts is prohibited. Parties responsible for the incurrence of overdrafts shall be held personally liable therefore. It is understood that the allotments herein authorized shall be used solely for the purposes indicated and disbursements therefrom, shall be made in accordance with existing budgeting, accounting and auditing rules and regulations.

**NOTE:**

The allotment herein sub-allotted is valid for obligation until December 31, 2019.

CERTIFIED CORRECT:

RECOMMENDING APPROVAL:

APPROVED:

  
**MARIA LOREEN S. AYUDA**  
Administrative Officer II

  
**SYLVIO H. SABINO**  
Chief Administrative Officer

  
**SALUSTIANO JIMENEZ, LLB, CESO V**  
OIC- Director

Office of the Director (ORDir), Tel. Nos.: (032) 231-1433; 231-1309; 414-7399; 414-7325; Office of the Assistant Director, Tel. No.: (032) 255-4542  
Field Technical Assistance Division (FTAD), Tel. Nos.: (032) 414-7324 Curriculum Learning Management Division (CLMD), Tel. Nos.: (032) 414-7323  
Quality Assurance Division (QAD), Tel. Nos.: (032) 231-1071 Human Resource Development Division (HRDD), Tel. No.: (032) 255-5239  
Education Support Services Division (ESSD), Tel. No.: (032) 254-7062 Planning, Policy and Research Division (PPRD), Tel. Nos.: (032) 233-9030;  
414-7065 Administrative Division, Tel. Nos.: (032) 414-7326; 414-4367; 414-7366; 414-7322; 414-4367  
Finance Division, Tel. Nos.: (032) 256-2375; 253-8061; 414-7321

*"EFA 2015: Karapatan ng Lahat, Pananagutan ng Lahat"*