

### Republic of the Philippines

# Department of Education REGION VII - CENTRAL VISAYAS <Schools Division Office>

Office of the Schools Division Superintendent

DIVISION MEMORANDUM No. 194 , s. 2020

August 27, 2020

NEW SCHEDULE AND ADDITIONAL GUIDELINES ON THE CONDUCT OF MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT SERVICES FOR THE OPENING OF CLASSES, SCHOOL YEAR 2020-2021

To: Assistant Schools Division Superintendent Chief, CID and SGOD All Others Concerned

- 1. Hereto attached is DTF COVID-19 Memorandum 98 dated August 25, 2020 entitled "New Schedule and Additional Guidelines on the Conduct of Mental Health and Psychosocial Support Services for the opening of classes, School Year 2020-2021", for the information and guidance of all concerned.
- Refer to the attached documents for further details.
- 3. Immediate and widest dissemination of this MEMORANDUM is desired.

MARILYN STANDALES
Schools Division Superintendent

MAS/CMP/SGOD/NOM/ESR



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#### Republika ng Pilipinas

### Kagawaran ng Edukasyon

Tanggapan ng Pangalawang Kalihim

DepEd Task Force COVID-19 MEMORANDUM No. 98

25 August 2020

For:

**Undersecretaries** 

**Assistant Secretaries** 

**Bureau and Service Directors** 

Regional Directors and BARMM Education Minister

**School Division Superintendents** 

Public Elementary and Secondary School Heads and

**Teachers** 

Subject:

NEW SCHEDULE AND ADDITIONAL GUIDELINES ON THE

CONDUCT OF MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT SERVICES FOR THE OPENING OF CLASSES,

**SCHOOL YEAR 2020-2021** 

In view of the postponement of the opening of classes from August 24, 2020 to October 5, 2020, the Department of Education (DepEd) issues the new schedule for the implementation of Mental Health and Psychosocial Support Services (MHPSS) for learners. See Enclosure 1 for the details of the MHPSS for learners which will be conducted thru TV broadcast, online and thru self-guided modules.

To maximize the available funds that can be used by field offices for the printing of MHPSS materials, the following additional guidelines shall be considered:

- Regions, Divisions, and Schools shall print the MHPSS materials for those learners who opted to have the modular distance learning modality and have no access to TV;
- For the comics to be provided to elementary learners, the priority to be printed is the comics no. 2; Enclosure 2 includes the cover page and technical specifications of comics no. 2 for reference;
- For the Teacher's Activity Guide for Remote Psychosocial Support through Play for Elementary Learners, it is recommended that only the Learner's Playbook be printed;





Office of the Undersecretary for Administration (OUA)

[Administrative Service (AS), Information and Communications Technology Service (ICTS), Disaster Risk Reduction and Management Service (DRRMS), Bureau of Learner Support Services (BLSS), Baguio Teachers' Camp (BTC), Central Security & Safety Office (CSSO)]

Department of Education, Central Office, Meralco Avenue, Pasig City Rm 519, Mabini Bldg; Mobile: +639260320762; Tel: +63286337203, +63286376207 Email: <u>usec.admin@deped.gov.ph</u>; Facebook/Twitter @depedtayo

- A separate activity sheets shall be printed and provided for IP learners in schools implementing IP education; The division DRRM Coordinators and IP Focal Persons shall coordinate on this matter;
- For the 2020 Online and Self-Guided PFA Modules: Supplemental to the SEES Manual, it is recommended that only the self-guided modules starting on page 39 to page 55 be printed;
- As necessary, the field offices are also given the authorization to adjust and modify the technical specifications in printing the MHPSS materials for learners to have more copies and cover more learners. See Enclosure 2 for the technical specifications of the MHPSS materials for printing;
- For those in geographically challenged areas, the MHPSS to be broadcasted in Television and the recorded DRRMS Booklatan and OKKK! Tambayan can already serve as MHPSS provision to learners; but teachers are encouraged to and may further facilitate MHPSS provision to learners using the online and self-guided modules.

As already mentioned in previous issuances of DepEd Task Force COVID-19, the DRRMS MHPSS materials for printing can be accessed in this link: https://tinyurl.com/MHPSS-Materials-for-Printing. While recorded DRRMS Booklatan and OKKK! Tambayan can be accessed this link: deped.in/OnlineLearningVideos. If the links are not working, it is encouraged that you coordinate with your respective Division DRRM Coordinators.

For more information, please contact the **Disaster Risk Reduction and Management Service**, 2nd Floor, Mabini Building, Department of Education Central Office, DepEd Complex, Meralco Avenue, Pasig City through email at drrmo@deped.gov.ph or telefax no. (02) 8637-4933.

For immediate and appropriate action.

ALAIN DEL B. PASCUA

Undersecretary Chairperson, DepEd Task Force COVID-19





## ENCLOSURE 1. SCHEDULE OF MENTAL HEALTH AND PSYCHOSOCIAL SERVICES (MHPSS) FOR LEARNERS

# A. MHPSS to be Broadcast through TV a Week Before the Opening of Classes

Activity	Date	Time	Target Audience
DRRMS Booklatan Episodes (Recorded MHPSS for Learners)	September 28 –	8:00 AM - 9:30 AM	Elementary Learners
OKKK! Tambayan Episodes (Recorded MHPSS for Learners)	October 2, 2020	10:00 – 11:30 AM	Secondary Learners
Wellness Check! Episodes (Recorded MHPSS for DepEd Personnel)	September 28-30, 2020	1:00 PM -	DepEd Personnel
Gabay-Bahay Episodes (Recorded MHPSS for Parents)	October 1–2, 2020	2:30 PM	Parents
Kakaiba-yanihan! Episodes (Recorded MHPSS for Learners with Disabilities)	September 28 – October 2, 2020	4:00 PM- 5:30 PM	Learners with Disabilities





# ENCLOSURE 1. SCHEDULE OF MENTAL HEALTH AND PSYCHOSOCIAL SERVICES (MHPSS) FOR LEARNERS (Continuation)

## B. Online MHPSS to be Conducted by DepEd DRRMS

Activity	Date	Time	Target Participants  Elementary Learners	
DRRMS Booklatan An Online MHPSS for Elementary Learners*	September 8 – September 22, 2020	4:00 PM – 5:30 PM Every Tuesday		
<b>OKKK! Tambayan</b> An Online MHPSS for Secondary Learners*	September 10 – September 24, 2020	4:00 PM – 5:30 PM Every Thursday	Secondary Learners	
Kakaiba-yanihan! An Online Psychosocial Support for Learners with Disabilities**	Monday. Tuesday and Thursday of September 2020 Starting September 7 until October 1	9:00 AM – 11:00 AM	Learners with Disabilities	
Psychosocial Support Through Play*	September 28,	8:00 AM - 12:00 NN	Elementary Learners	
Psychological First Aid for Secondary Learners*	2020	1:00 PM - 5:00 PM	Secondary Learners	

<sup>\*</sup>Streamed live via Facebook





<sup>\*\*</sup>Conducted via Zoom

## ENCLOSURE 1. SCHEDULE OF MENTAL HEALTH AND PSYCHOSOCIAL SERVICES (MHPSS) FOR LEARNERS (Continuation)

### C. MHPSS via Online and Self-Guided to be facilitated by Teachers

Activity	Date and Time	Participants	Remarks	
Remote Psychosocial Support Through Play	September 29 – October 2, 2020 (PM)  Can be conducted after the TV broadcast of MHPSS episode	Elementary Learners	The elementary teachers may further provide MHPSS to learners using the Teachers' Activity Guides for Remote Psychosocial Support through Play for Elementary Learners  DRRMS Booklatan videos can also be used by teachers. It can be accessed in this link: deped.in/OnlineLearningVideos	
Remote Psychological First Aid (PFA)	September 29 – October 2, 2020 (PM)  Can be conducted before the TV broadcast of MHPSS episode	Secondary Learners	The secondary teachers may further provide MHPSS to learners using the Online and Self-Guided PFA Modules: Supplemental to the SEES Manual  OKKK! Tambayan videos can also be used by teachers. It can be accessed in this link: deped.in/OnlineLearningVideos	





## ENCLOSURE 2. TECHNICAL SPECIFICATIONS OF THE MHPSS MATERIALS\* FOR PRINTING

#### COVER PAGE TECHNICAL SPECIFICATIONS\*\* COVID-19 Comics No. 2 Size: A4, booklet type Paper type: Inside - paper 100 GSM Cover: FC 15, matte laminated Color: full color cover; inside black and white No. of pages: 10 Learner's Playbook Size: Letter size (8.5x11) Paper type: Inside - paper 100 GSM Cover: FC 15, matte laminated Color: Full color cover; inside black and white No. of pages: 26 ng Strong and Happy The 2020 Online and Self-Guided PFA Dehen 🔛 🗇 **THE 2020** Modules: Supplemental to the SEES Manual **ONLINE AND** Size: Letter size (8.5x11) SELF-GUIDED Paper type: Inside - paper 100 GSM **PFA MODULES** Cover: FC 15, matte laminated Color: Full color cover; inside black and white No. of pages: 17 (pages 39-55) To maximize the available resources, it is recommended to print only the self-guided modules starting from page 39 to page 55 which will be distributed to learners **FWSS Booklet** DeDED Fostering Pagpapaunlad ng Kagalingan, Size: Letter size $(8.5 \times 11)$ Wellness, Paper type: Inside - paper at least 60 GSM Pakiisa at Solidarity, Serbisyo Cover: paper at least 70 GSM and Service Color: full color cover; inside full color or black and white

\*Copy of the MHPSS materials for printing can be accessed on this link: https://tinyurl.com/MHPSS-Materials-for-Printing

\*\* As necessary, technical specifications for the printing of MHPSS materials can be adjusted and modified by the field offices depending on their context, available funds, and strategies to print more copies and distributed to more learners